

*Minutes of the Presidential Committee on Athletics*

*Big Ten/Iowa Room, Carver-Hawkeye Arena*

*March 5, 2019*

**Members Present:** Bowden, Bruhn, Colin, Courter, Dillavou, Friestad, Gerke, Grosland, Kehoe, Matheson, Torner, and Yockey.

**Members Absent:** Gustafson, Hollingworth, Kelly, Osborn, Rhodes, Ryan, and Sayon.

**Also Present:** Barta (Henry B. and Patricia B. Tippie Director of Athletics Chair), Burke (Deputy Director of Athletics), Clerry (Associate Athletics Director), Davies (Assistant Athletics Director/Chief Financial Officer), Dinkelman (Assistant Strength & Conditioning Coach), Henderson (Senior Associate Athletics Director), Hilleman (Associate Athletics Director), Lehnertz (Senior Vice President, Finance & Operations), Roe (Assistant Athletics Director for Communications), Taylor (Associate Athletics Director), Tovar (Associate Athletics Director), and Wilson (Senior Associate Athletics Director).

**Guest Present:** Bill Maxwell (Head Strength & Conditioning Coach).

The meeting was called to order at 4:02 p.m. by Chair Matheson.

**I. Approval of Minutes - February 7, 2019**

Colin moved to approve the minutes of the February 7, 2019, meeting; Torner seconded the motion. Full approval was received from the Committee.

**II. Strength & Conditioning Program - Bill Maxwell**

Maxwell presented to Committee members the attached PowerPoint presentation emphasizing how the Sports Performance Team—Strength and Conditioning, Athletic Training, Sports Medicine, Sports Nutrition, and Sports Psychology—collaborate in a holistic approach to assess student-athlete well-being. He outlined how data regarding a student-athlete’s globalized and localized health is collected and shared with the Sports Performance Team. Staff uses this information to adapt training programs and address all aspects of the student-athlete’s well-being.

Maxwell and Dinkelman answered questions on whether all teams have equal access to the technology utilized in Athletics. Maxwell also explained how the data is collected and evaluated, including if the data aids in the detection and prevention of injuries.

Chair Matheson thanked Maxwell for his presentation and invited Committee members to tour the Strength and Conditioning area in Carver-Hawkeye Arena at the conclusion of today’s meeting.

**III. Athletics Department Searches - Kehoe**

No staff searches are underway per Kehoe.

**IV. Subcommittee Updates**

**A. Student-Athlete Well-Being - Dillavou**

Dillavou stated subcommittee members met February 25, 2019, and discussed the Athletics Department's Strategic Plan in terms of "Win. Graduate. Do It Right." Once finalized, Dillavou plans to bring the subcommittee's recommendations to the Executive Committee.

**B. Academic Achievement - Bowden**

At the February 28, 2019, meeting, Tovar covered options available in the Summer School Policy section of the Student-Athlete Handbook for student-athletes to continue progress toward graduation through summer courses.

**C. Equity - Osborn**

Chair Matheson reported Osborn will have an update for Committee members at April's PCA meeting.

**V. ISAAC Report - Gustafson, Colin**

Chair Matheson congratulated Colin for earning the Big Ten Sportsmanship Award at the Big Ten Men's Swimming and Diving Championships, which is given to the most spirited and dedicated individual on each team.

Colin reported the following:

- A.** During ISAAC's February 26, 2019, meeting, Tovar updated members on the Alston case. A discussion ensued about what it means to be a student-athlete and what each member values about their experience.
- B.** De-Stress Fest, a collaboration between ISAAC, Iowa's Sports Psychologists, and UI Nutritionists, will have activities and healthy snacks available for student-athletes to recharge after studying. The event takes place in the Gerdin Athletic Learning Center during finals week.
- C.** The Golden Herky's will take place April 23, 2019, at Hancher Auditorium. Final preparations and auditions are currently underway.
- D.** As part of a pilot program, Colin served this year in a non-voting position on the University of Iowa Student Government (UISG) board. At the next board meeting, Colin will present legislation proposing that the no-voting position become permanent. If passed, this will ensure student-athletes will have a voice in UISG for years to come.

**VI. NCAA Report - Barta, Burke, Grosland, Hollingworth**

Barta, Burke, Grosland, and Hollingworth attended the February 18-19, 2019, Big Ten Joint Group meetings. Grosland stated topics discussed included the Transfer Policy, the Alston Case, and the concept of allowing student-athletes to have five calendar years in which to play five seasons of competition, with no exceptions extended for redshirting, medical hardships, transfers, etc.

Barta reported the Big Ten Administrative Council met to discuss the Conference positions on legislation slated to be voted on during the upcoming April NCAA D1 Council meeting.

**VII. Athletics Director's Report - Barta**

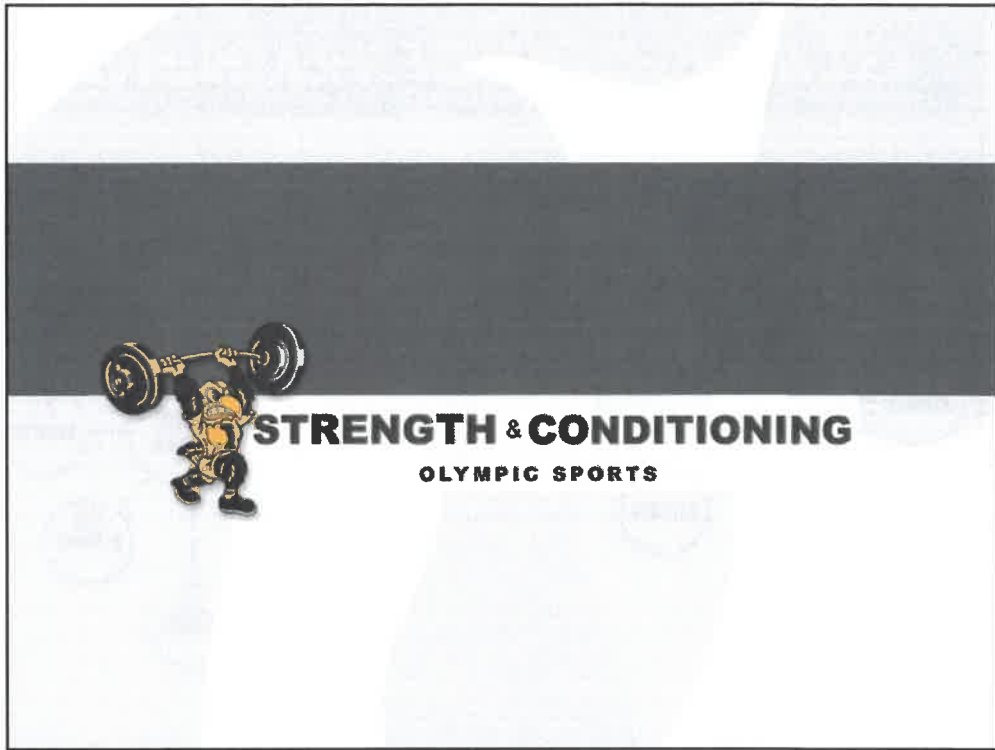
- A.** Barta briefed Committee members about the recent suspensions of Learfield's radio announcer Gary Dolphin and Men's Head Basketball Coach Fran McCaffery. Dolphin will return as the Voice of the Hawkeyes for football and men's basketball next season with the full support of the Iowa Athletics Department, and Coach McCaffery will be back coaching in time for the March 10, 2019, game against Nebraska.
- B.** Barta presented highlights from the enclosed March sports report and schedules:
- 1.** Winning the last game in the regular season against Northwestern, women's basketball played in front of a large, enthusiastic crowd on March 3, 2019. The team heads to Indianapolis as the No. 2 seed at the Big Ten Women's Basketball Tournament.
  - 2.** Wrestling competes March 9-10 at the 2019 Wrestling Big Ten Championships in Minneapolis, MN.
  - 3.** After competing in Ann Arbor, Michigan, at the Big Ten Indoor Championship, the women's indoor track team ranking improved to 12<sup>th</sup> – the highest ranking in program history.
  - 4.** Men's basketball has two regular season games remaining before heading to the 2019 Big Ten Men's Basketball Tournament in Chicago, IL.
  - 5.** The February 27 – March 2, 2019, Big Ten Men's Swimming and Diving Championships took place at the University of Iowa Campus Recreation and Wellness Center Natatorium. Barta thanked the staffs from Athletics and Recreational Services who helped make it a successful event.
  - 6.** UI baseball competed in Stillwater, OK, on March 1-2, and concluded the series with a win.
  - 7.** With a strong start to the season, softball went undefeated at the Diamond 9 Citrus Classis Tournament February 22-24, 2019.

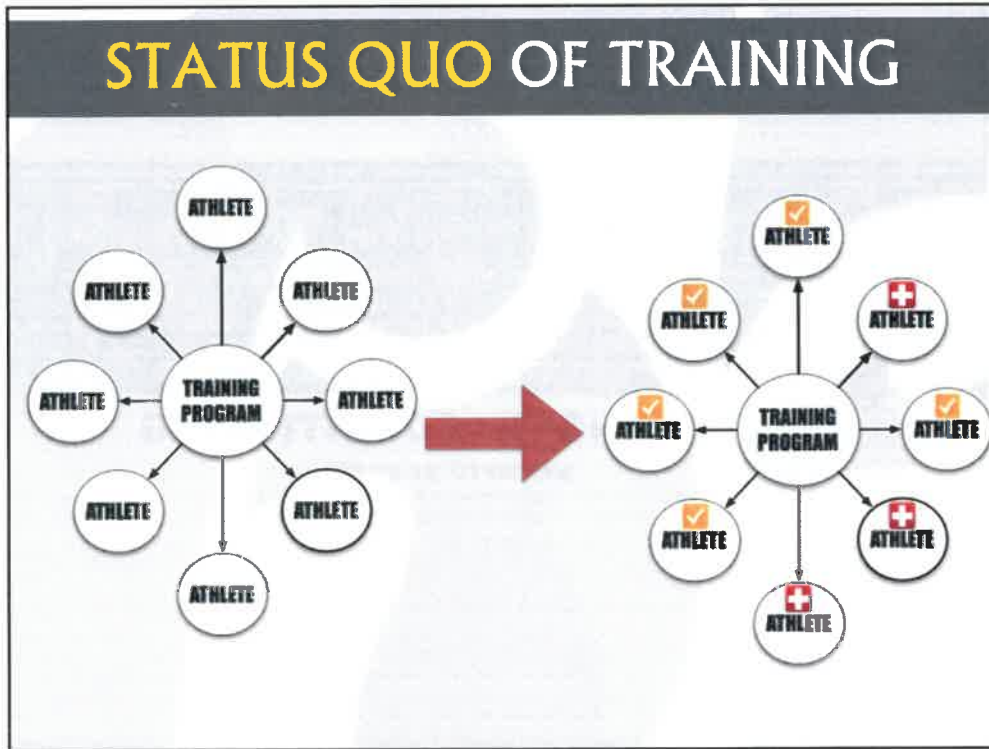
Chair Matheson applauded Gustafson for her recent accolades. Barta reported that among her many credits is her back-to-back Big Ten Player of the Year awards. She is also on numerous watch lists for further recognitions.

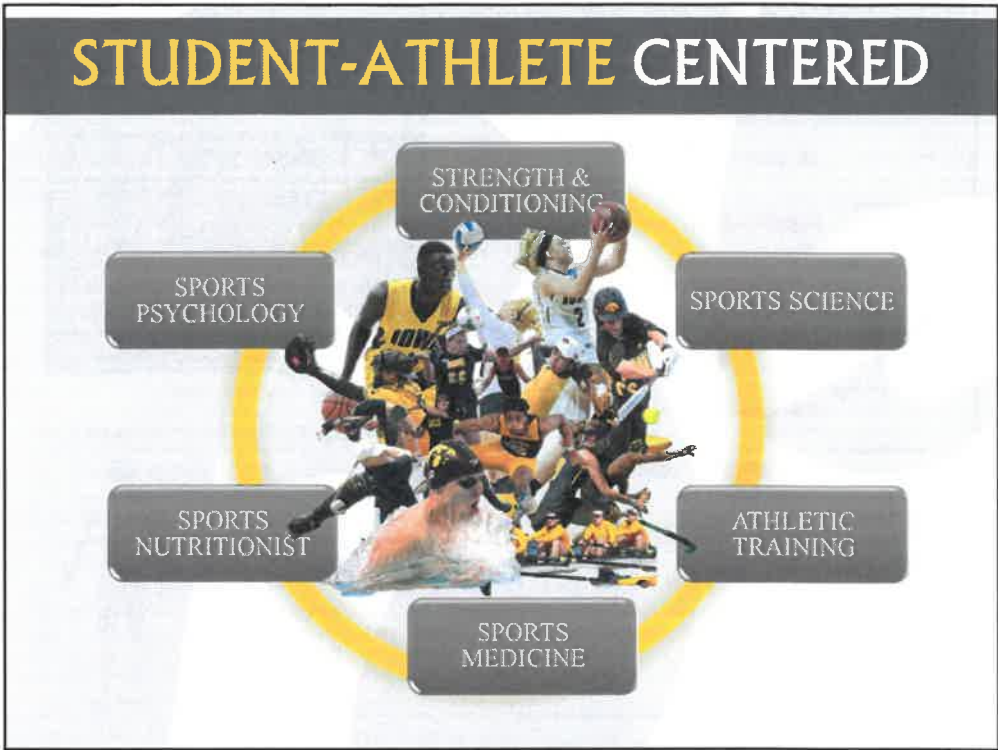
***VIII. Adjourn***

The meeting adjourned at 4:45 p.m.

  
\_\_\_\_\_  
Marj Meisner  
Recording Secretary







# ASSESS & DIAGNOSE

## ASSESS ABILITIES & DIAGNOSE LIMITATIONS

- Training & Injury History
- Physical Competency Assessment
- Observations at Practice and in Weight Room
- Discuss with Athlete and Performance Team, Specific Wants and Needs

Posture

Mobility

Movement Efficiency

Balance

Stability

# WELLNESS QUESTIONNAIRES

**Date:** 2016-09-01

**Duration of Sleep:** 3 (0 - 8+ Hours)

**Rate the quality of your sleep:** 3 (Can't Sleep - Very Rested)

**Rate your nutrition from yesterday:** 3 (Worst Meal Ever - Very Healthy)

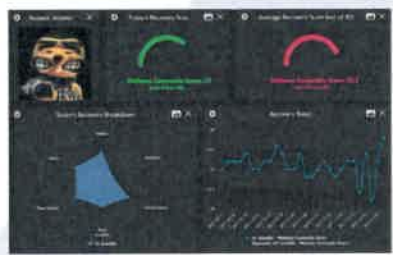
**Rate your level of fatigue:** 3 (High - Low)

**Rate your level of stress:** 3 (High - Low)



**Rate your level of muscle soreness:** 3 (Can't Move - None)

**Wellness Composite Score:**

**Comments:**



**Body Soreness Mapping**  
Choose a body part to indicate its level of soreness.

# OMEGAWAVE

**John Smith**  
@John | All Metrics | 100%


**Readiness of Readiness**

**Training Status**  
Improvement 40%


**Functional State**  
Energy, Adaptation, Recovery, Consistent

## DAILY FUNCTIONAL STATE ASSESSMENTS


**1 CENTRAL NERVOUS SYSTEM**  
SUBJECT CLINICAL EEG POTENTIAL



**2 AUTONOMIC REGULATION OF THE HEART**  
HEART RATE VARIABILITY (HRV)



**3 CARDIAC SYSTEM**  
ELECTROCARDIOGRAM (ECG)

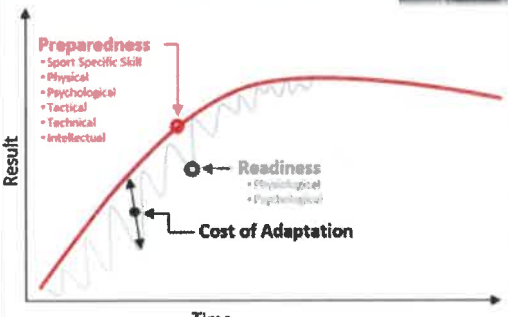


**Preparedness**  
• Sport Specific Skill  
• Physical  
• Psychological  
• Tactical  
• Intellectual


**Readiness**  
• Physiological  
• Psychological

**Cost of Adaptation**

**Time**



OMEGAWAVE  
OPTIMIZE TRAINING AND RECOVERY



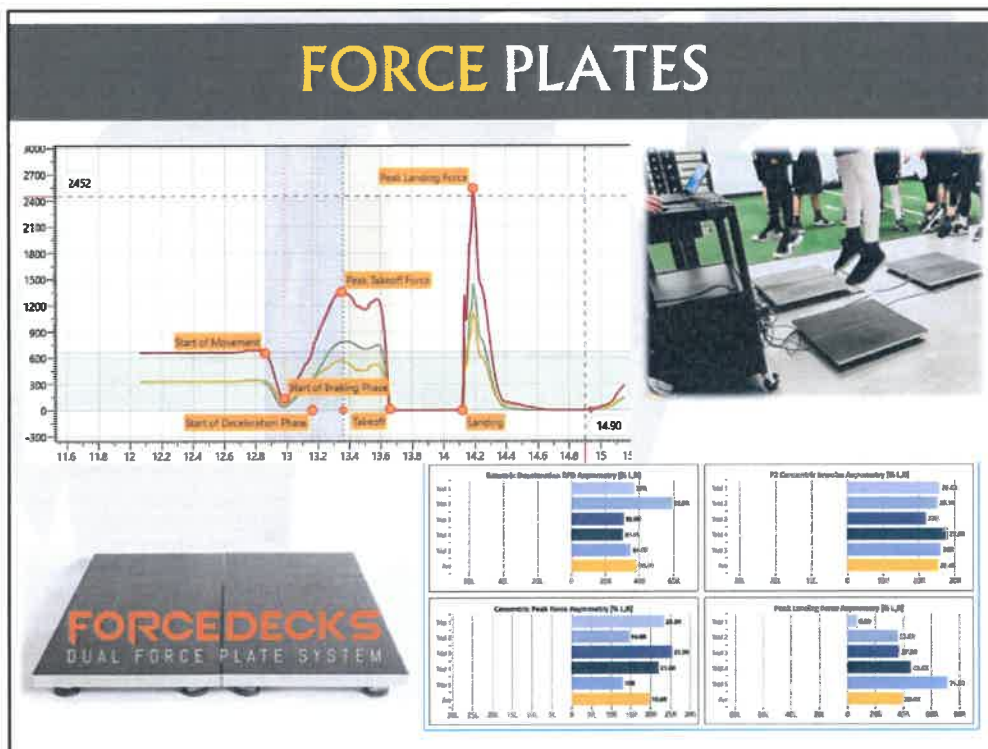


# TENSIOMYOGRAPHY

The diagram illustrates the tensiomyography (TMG) process. At the top, two anatomical figures show the human body from the front and back, with muscles highlighted in red and purple. Labels include 'Adductor Longus', 'Rectus Femoris', 'Biceps Brachii', and 'Sartorius'. Below these, a person is shown lying on a table with a TMG sensor attached to their leg. A legend identifies the steps: 'Activation exercises', 'Strength exercises', and 'Stretch/Relax'. A schematic diagram shows the components: 1. Electrical stimulator, 2. Electrodes, 3. TMG sensor, and 4. User interface (laptop displaying a graph).

# VELOCITY BASED TRAINING

A photograph showing a person's lower body and hands as they perform a deadlift. The person is wearing black leggings and light blue sneakers. They are standing over a barbell with large black weights, with their hands positioned to grip the bar. The background shows a gym setting with various pieces of equipment.





THANK YOU FOR YOUR TIME!



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# MARCH REPORT TO THE PRESIDENTIAL COMMITTEE ON ATHLETICS

## BASEBALL

**Season Record:** 6-4 Overall, 0-0 B1G

**Head Coach:** Rick Heller

**Next Event:** Friday at Evansville at 6 p.m. -- Evansville, Ind.

**Notables:** Iowa is coming off a 2-1 series win over No. 19 Oklahoma State for the second straight year. The Hawkeyes fell in the series opener, 5-4, but won game two, 5-4, and game three, 3-2.

Iowa's team batting average of .256 ranks fourth best in the Big Ten, while its 4.18 ERA is sixth best in the conference. Iowa's 96 strikeouts are the second most in the conference. Defensively, Iowa's .967 fielding percentage is fourth best in the conference.

Tanner Padgett (.395 BA, 3 2Bs, 6 RBIs), who is second in the Big Ten in batting average, Austin Martin (.324 BA, 2 HRs, 5 RBIs), and Chris Whelan (.333 BA, 4 2Bs 5 RBIs) are leading the Hawkeyes offensively. On the mound, starter Grant Judkins (1-0) has been Iowa's best pitcher, owning a 0.56 ERA, the second best in the Big Ten, with 20 strikeouts in three starts, spanning 20 innings. In the bullpen, Grant Leonard leads the team with three saves, while Jason Foster (1.42 ERA in six appearances) and Trace Hoffman (2-1, 4.70 ERA in seven appearances) have been key relievers.

## MEN'S BASKETBALL

**Season Record:** 21-8 Overall, 10-8 B1G

**Head Coach:** Fran McCaffery

**Next Event:** Thursday at Wisconsin at 6 p.m. (ESPN)

**Notables:** Iowa has amassed 21 wins, matching its highest regular season win total in 13 years (2015, 2016). The Hawkeyes won 14 of their 21 games at home inside Carver-Hawkeye Arena, in which it sold out four games in 2018-19.

Iowa rallied to win three games in the closing seconds during the month of February. Jordan Bohannon sank a 3-pointer with 0.6 seconds remaining to lift Iowa to an 80-79 win over Northwestern on Feb. 10. Iowa rallied from a 15-point deficit late in the second half to upend the Wildcats. Freshman Joe Wieskamp banked in a 3-pointer from the corner with 0.2 seconds left to clip Rutgers, 71-69, six days later in Piscataway, New

Jersey on Feb. 16. Finally, Bohannon sank a 3-pointer with 28 seconds remaining in regulation to tie Indiana and send the home game against the Hoosiers in overtime, where Bohannon drained three more triples to propel Iowa to a thrilling 76-70 win.

Iowa honored its lone senior, Nicholas Baer, before its home final against Rutgers on March 2, in Iowa City. Baer is the only Hawkeye in program history to total more than 700 points, 500 rebounds, 100 steals, 100 blocked shots, and 100 3-pointers.

Iowa, who currently sits in sixth place in the Big Ten standings, closes out the regular season with a pair of road games before traveling to Chicago for the Big Ten Tournament, March 14-17.

## WOMEN'S BASKETBALL

**Season Record:** 23-6 Overall, 14-4 B1G

**Head Coach:** Lisa Bluder

**Next Event:** Friday vs. TBD at 5:30 p.m. – at Big Ten Tournament – Indianapolis, Indiana (BTN)

**Notables:** Iowa earned a No. 2 seed in the Big Ten Tournament and will face the winner of Indiana (10 seed) and Minnesota (7 seed) on Friday. The Hawkeyes were a perfect 15-0 in Carver-Hawkeye Arena during the regular season.

Iowa ranked No. 12 in the AP Poll and No. 11 in the USA Today Coaches Poll. The Hawkeyes lead the nation in field goal percentage, shooting 52.2 percent from the field. They are also ranks second in assists per game (22.0), and fourth in assist/turnover ratio (1.63).

Senior Megan Gustafson has been recognized by the Big Ten Conference in every week this season, including 12 Big Ten Player of the Week honors and four honor roll mentions. This season, she broke the Big Ten record for player of the week awards in a career (22).

Gustafson is on several Player of the Year Watch Lists. They include the Wade Trophy Award (WBCA) Watch List, John R. Wooden Award Late Season Top-20, Naismith Player of the Year Top-10, Naismith Defensive Player of the Year Top-15, and the Lisa Leslie Award Watch List. On Feb. 6, she was named one of 10 finalist for the 2019 Senior CLASS Award.

## MEN'S GOLF

**Head Coach:** Tyler Stith

**Next Event:** Monday-Tuesday at Colleton River Collegiate - Bluffton, South Carolina

**Notables:** Iowa placed 12th at Big Ten Match Play to start the spring season.

The Hawkeyes followed up that performance with a seventh place finish at the Puerto Rico Classic. The 40th-ranked Hawkeyes finished eight strokes ahead of No. 5 Alabama and three strokes ahead of No. 31 Marquette.

Freshman Gonzalo Leal Montero leads the team with a stroke average of 69.63. Senior Matthew Walker has the low 18-hole score of 66 (-6). Junior Alex Schaaque leads the team with 11 rounds at or below par, 3 top-10 finishes, and 4 top-20 finishes.

## WOMEN'S GOLF

**Head Coach:** Megan Menzel

**Next Event:** March 11-12 at Wildcat Invitational - Tucson, Arizona

**Notables:** Freshman Manuela Lizarazu finished the Westbrook Spring Invitational on Feb. 24-25 with a season-best, 54-hole score of 218 (+2), tying for 35th. Freshman Dana Lerner tied her career-best, 18-hole of 73 (+1) in the third round of the event, while sophomore Brett Permann shot a career-best, 18-hole score of 70 (-2) in the second round.

## MEN'S GYMNASTICS

**Season Record:** 2-3 Overall, 1-2 B1G

**Head Coach:** JD Reive

**Next Event:** Saturday at Michigan at 1 p.m.

**Notables:** Iowa is ranked No. 10 in the nation and No. 7 in the Big Ten. The Hawkeyes defeated No. 7 Nebraska by posting a season-high 406.700. They contributed to their team score with five season-best rotation scores. Senior Jake Brodarzon earned two titles against Nebraska, posting a season-best on rings (14.050) and a career-best on parallel bars (14.300). Junior Andrew Herrador captured the all-around title with career-high 79.850.

Freshman Evan Davis was named Big Ten Freshman of the week after his performance at the Winter Cup. In the finals, Davis contributed a 13.100 to his overall high bar score (26.750) to place eighth. He then notched season bests on floor (13.450; 17th place) and rings (13.350; 10th).

## WOMEN'S GYMNASTICS

**Season Record:** 6-7 Overall, 5-4 B1G

**Head Coach:** Larissa Libby

**Next Event:** Friday at Washington, at 9 p.m. (CT)

**Notables:** The GymHawks are well into the back half of their season looking to continue into the championship season. Iowa's biggest notable is winning the Big Five meet in Toledo, Ohio. The Big Five Meet is a pre-conference meet where all Big Ten teams compete. There are two sessions and the top three in each session get into the preferred night session at the Big Ten Championships. The GymHawks had never won a Big Five meet, and won their session, beating Penn State, Nebraska, Maryland, and Michigan State. Iowa earned a season high score of 196.450. Junior Clair Kaji won all three events she competed in, bars (9.900), beam (9.875), and floor (9.900). Kaji shared the bars title with fellow teammate Nicole Chow. Kaji also shared the floor title with freshman teammate Lauren Guerin. This score allowed the GymHawks to jump to No. 33 in the national polls. Iowa backed up its score from Big Fives with a 196.250 vs. Iowa State on March 1. This is another big score for the GymHawks because it is their second highest score of the season and will help them in the national polls and post-season.

## SOFTBALL

**Season Record:** 11-8 Overall, 0-0 B1G

**Head Coach:** Renee Gillespie

**Next Event:** March 8-10 at Saluki Invitational - Carbondale, Illinois

**Notables:** Iowa's eight-game winning streak from Feb. 17-Mar. 1 was the program's longest since 2009.

The Hawkeyes have scored a season high in total runs in three of their last five games.

Sophomore Aralee Bogar ranks first in the Big Ten with 3 triples and 12 stolen bases.

Junior pitcher Allison Doocy ranks fifth in the Big Ten with 79 strikeouts and a 1.30 ERA. She is 9-3 overall with nine complete games.

Junior DoniRae Mayhew leads the team with a .346 batting average and two home runs.

Senior Mallory Kilian leads Iowa with six doubles and is tied for second with 9 RBIs.

## **MEN'S SWIMMING & DIVING**

**Season Record:** 6-2 Overall, 3-2 B1G

**Head Coach:** Marc Long

**Next Event:** March 11-13 at NCAA Zone D Diving Championships, Austin, Texas

**Notables:** Iowa placed eighth out of 10 teams at the Big Ten Championships at the Campus Recreation and Wellness Center in Iowa City from Feb. 27-March 2. The Hawkeyes were 3.5 points out of seventh and 33.5 points out of sixth place.

Iowa's 400-freestyle relay earned the team's best finish. The quartet of Aleksey Tarasenko, Jack Smith, Will Scott, and Joe Myhre earned the bronze medal, finishing with a school record and NCAA "A" qualifying time of 2:51.06. Iowa also set a program record in the 800-free style relay during the championship with Tarasenko, Mateusz Arndt, Jackson Allmon, and Michael Tenney finishing with a time of 6:23.07.

## **WOMEN'S SWIMMING & DIVING**

**Season Record:** 6-6 Overall, 2-4 B1G

**Head Coach:** Marc Long

**Next Event:** March 11-13 at NCAA Zone D Diving Championships, Austin, Texas

**Notables:** Iowa finished 10th at the Big Ten Championships in Bloomington, Indiana, with 400.5 points. It was the Hawkeyes' highest team finish since 2015 when they finished eighth.

Sophomore Jayah Mathews was Iowa's highest finisher, placing fourth on the 3-meter with a score of 353.10. Junior Hannah Burvill claimed the Hawkeyes' lone school record in the championship when she posted a time of 53.27 in the 100-yard backstroke.

## **MEN'S TENNIS**

**Season Record:** 8-3 Overall, 0-0 B1G

**Head Coach:** Ross Wilson

**Next Event:** Friday vs. Drake at 6 p.m. - Hawkeye Tennis & Recreation Complex - Iowa City

**Notables:** All eight of Iowa's victories have come at home. The Hawkeyes started the season 8-1, posting their best start to the season under Wilson. Iowa has won the doubles point in eight of 11 matches to start the season. Iowa has already recorded four wins over teams who qualified for the NCAA Tournament a year ago. Sophomore Will Davies and freshman Oliver Okonkwo have each won nine singles matches this season to share the lead for most on the team.

## **WOMEN'S TENNIS**

**Season Record:** 7-3 Overall, 0-2 B1G

**Head Coach:** Sasha Schmid

**Next Event:** Saturday vs. Furman, Sunday at Florida Gulf Coast in Fort Myers, Florida

**Notables:** The Hawkeyes opened the season with seven straight wins for the second time in three seasons, but have since dropped three in a row, two to ranked opponents.

Sophomore Ashleigh Jacobs leads Iowa with an 8-1 record. Freshman Samantha Mannix plays at the No. 1 singles position and crept into the national rankings in February.

## **MEN'S TRACK & FIELD**

**Head Coach:** Joey Woody

**Next Event:** Friday-Saturday at the 2019 NCAA Indoor Championships in Birmingham, Alabama

**Notables:** Iowa saw its best finish at the B1G Indoor Championships since 2011 with 70 points. The Hawkeyes collected nine medals, including Colin Hofacker, Chris Thompson, Antonio Woodard, and Mar-yea Harris' 1,600-meter relay gold medals (3:07.46), Jaylan McConico's 60-meter hurdles (7.79) gold medal, Karayme Bartley's 200- (20.67) and 400-meter (46.25) silver medals, Chris Douglas' 60-meter hurdles (7.84) bronze medal, and Harris' 400-meter (46.36) bronze medal. Bartley's 200-meter performance (20.67) at the Big Ten Championships ranks first all-time at Iowa, breaking the 2011 record (20.80) set by first-team All-American Justin Austin.

Harris (400 meters, 1,600-meter relay), Bartley (200 meters, 1,600-meter relay), Wayne Lawrence Jr. (400 meters, 1,600-meter relay), Woodard (1,600-meter relay), McConico (60-meter hurdles), Douglas (60-meter hurdles), Hofacker (1,600-meter relay), and Thompson (1,600-meter relay) all qualified for the 2019 NCAA Indoor Championships.

## **WOMEN'S TRACK & FIELD**

**Head Coach:** Joey Woody

**Next Event:** Friday-Saturday at the 2019 NCAA Indoor Championships in Birmingham, Alabama

**Notables:** Iowa finished third overall at the B1G Indoor Championships to tie the Hawkeyes' best finish since 2004, with 80 points. They earned three titles from Tria Simmons (pentathlon, 4,135 points), Jenny Kimbro (60-meter hurdles, 8.29), and the 1,600-meter relay (Kimbrow, Simmons, Aly Weum, Briana Guillory-3:37.58). Four additional Hawkeyes including Kimbro (pentathlon, 4,030 points), Guillory (200 meters, 23.37; 400 meters, 52.65), and Laulauga Tausaga (shot put, 17.79 meters, 58-4 1/2) earned silver medals at the meet.

Tausaga was named United States Track & Field and Cross Country Coaches Association Midwest Region Field Athlete of the Year after throwing career bests in the shot put (17.79 meters, 58-4 1/2) and weight throw (23.26 meters, 76-3 3/4) this season.

The Hawkeyes qualified four for the 2019 NCAA Indoor Championships.

## **WRESTLING**

**Season Record:** 14-1, 9-0 B1G

**Head Coach:** Tom Brands

**Next Event:** Saturday and Sunday at the 2019 Big Ten Championships in Minneapolis.

**Notables:** The Hawkeyes completed the Big Ten season 9-0 to share the regular season conference championship.

Sophomores Alex Marinelli (165), Spencer Lee (125), and Austin DeSanto (133) lead Iowa into the Big Ten Championships. All three wrestlers are seeded second at their respective weights. Marinelli is 20-0 this season with a team-high nine falls.

The conference tournament is a qualifying tournament for the NCAA Championships in Pittsburgh on March 21-23.



# 2018-19 University of Iowa Men's & Women's Sports Schedules

## Men's Tennis (8-3, 0-0 B1G)

9/20-22	at Milwaukee Tennis Classic	NTS	
9/30-10/8	at ITA All-Americans	NTS	
10/5-7	at Bobby Bayliss Invite	NTS	
10/13-14	at Champaign Challenger	NTS	
10/18-22	at ITA Central Regional	1 champ	
10/26-29	at B1G Indoor Championships	NTS	
11/7-11	at ITA Oracle National Fall Champ.	NTS	
11/9-11	at Longhorn Invite	NTS	
1/8-10	at USTA/ITF Men's Pro Circuit Event		
1/19	Western Michigan	W	6-1
	Marquette	W	7-0
1/25	North Dakota	W	7-0
	East Tennessee State	W	4-3
1/27	Butler	W	5-2
2/8	Miami	L	1-4
2/10	Utah	W	5-2
2/15	UMKC	W	4-3
	Nebraska-Omaha	W	5-2
2/24	at Cornell	L	2-5
3/3	at #38 Texas Tech	L	2-5
3/8	Drake		
3/10	at Nebraska		
3/18	at Arizona		
3/22	at Minnesota		
3/24	Wisconsin		
3/30	at Northwestern		
3/31	at Illinois		
4/5	Penn State		
4/7	Ohio State		
4/13	at Purdue		
4/14	at Indiana		
	at IUPUI		
4/19	Michigan State		
4/21	Michigan		
	Illinois State		
4/25-28	at B1G Championships		
5/10-12	at NCAA Championships		

## Women's Tennis (7-3, 0-2 B1G)

10/12-16	ITA Central Regionals	NTS	
11/9-11	at UNLV Invite	NTS	
1/11-13	at Metroplex Mania \$	NTS	
1/18	Xavier	W	7-0
1/20	North Texas	W	5-2
1/26	at Dartmouth	W	6-1
1/27	vs. Brown *	W	6-1
2/8	Iowa State +	W	4-1
2/9	DePaul	W	6-1
2/17	at Marquette	W	4-3
2/22	at #10 Northwestern	L	0-7
2/24	Penn State	L	3-4
3/2	at #37 Kansas State	L	1-4
3/9	vs. Furman %		
3/10	at Florida Gulf Coast		
3/12	vs. Notre Dame &		
3/16	at Michigan State		
3/17	at Michigan		
3/24	at Ohio State		
3/29	Purdue		
3/31	Indiana		
4/5	Rutgers		
4/7	Maryland		
4/13	Nebraska		
4/20	at Wisconsin		
4/21	at Minnesota		
4/25-28	at B1G Tournament		
	\$ at SMU - Dallas, Texas		
	* at Hanover, New Hampshire		
	+ Iowa Corn Cy-Hawk Series		
	% at Fort Myers, Florida		
	& at Lake Nona, Florida		

## #10 Men's Gymnastics (2-3, 1-2 B1G)

1/19	at Windy City Invite	4th	394.700
1/26	at #4 Illinois	L	398.800-410.450
2/2	#6 Minnesota	L	401.600-406.400
	UIC	W	401.600-355.750
2/9	#1 Oklahoma	L	397.750-4-5.150
2/15-17	at Winter Cup Challenge		NTS
3/2	#7 Nebraska	W	406.700-403.550
3/9	at Michigan		
3/16	Ohio State		
3/23	at Minnesota, vs. Penn State		
4/5-6	B1G Championships		
4/19-20	at NCAA Championships		

## Women's Gymnastics (2-7, 1-4 B1G)

1/4	at #14 Auburn	L	193.225-194.825
1/11	SE Missouri State	W	194.700-180.925
1/13	at New Hampshire	L	193.500-193.950
1/19	Minnesota	L	194.350-195.475
1/26	Rutgers	W	194.575-191.625
2/2	at Ohio State	L	194.775-195.00
2/10	at #10 Michigan	L	195.375-197.350
2/16	Illinois	L	195.400-195.650
2/22	at Big Five Meet	1st	196.450
3/1	Iowa State *	L	196.250-196.275
3/8	at Washington		
	vs. Sacramento State		
3/15	at Oregon State		
	vs. North Carolina		
	vs. Seattle Pacific		
3/23	at B1G Championships		
4/4-6	at NCAA Regional		
	* Iowa Corn Cy-Hawk Series		





# 2018-19 University of Iowa Men's & Women's Sports Schedules

## Baseball (6-4, 0-0 B1G)

2/15	vs. George Mason *	L	2-7
2/16	vs. Pittsburgh *	W	10-1
2/17	vs. Marshall *	W	10-0
2/22	at Hawaii	L	1-7
2/23	at Hawaii	W	10-8
	at Hawaii	W	6-4
2/24	at Hawaii	L	7-8 (10)
3/1	at #19 Oklahoma State	L	4-5
	at #19 Oklahoma State	W	5-4
3/2	at #19 Oklahoma State	W	3-2
3/6	Simpson College	Cancelled	
3/8	at Evansville		
3/9	at Evansville		
3/10	at Evansville		
3/12	Illinois-Chicago		
3/15	Cal State Northridge		
3/16	Cal State Northridge (DH)		
3/17	Cal State Northridge		
3/20	Chicago State		
3/22	at Indiana		
3/23	at Indiana		
3/24	at Indiana		
3/26	Bradley		
3/29	Illinois		
3/30	Illinois		
3/31	Illinois		
4/2	Grand View		
4/3	Illinois State		
4/5	Rutgers		
4/6	Rutgers		
4/7	Rutgers		
4/10	at Bradley		
4/12	at Purdue		
4/13	at Purdue		
4/14	at Purdue		
4/16	Northern Illinois		
4/19	Nebraska		
4/20	Nebraska		
4/21	Nebraska		
4/23	Wisconsin-Milwaukee		
4/26	at Ohio State		
4/27	at Ohio State		
4/28	at Ohio State		
4/30	Western Illinois		
5/1	vs. Northwestern ^		
5/3	UC-Irvine		
5/4	UC-Irvine		
5/5	UC-Irvine		
5/10	Michigan State		
5/11	Michigan State		
5/12	Michigan State		
5/14	at Western Illinois		
5/16	at Maryland		
5/17	at Maryland		
5/18	at Maryland		
5/22-26	at B1G Tournament		

\* Diamond 9 Sunshine State Classic Series - Kissimmee, Florida; ^ Rosemont, Illinois

## Softball (11-8, 0-0 B1G)

2/8	vs. Bucknell *	W	5-3
	at #10 LSU *	L	0-9 (6)
2/9	vs. Tulsa *	L	0-3 (10)
	at LSU *	L	1-16 (5)
2/15	vs. Villanova ^	L	2-4
	vs. Kansas ^	W	2-1
2/16	vs. Missouri ^	L	1-9
	vs. St. Joe's ^	L	1-4
2/17	vs. UMass ^	W	5-3
2/22	vs. UAB %	W	3-1
	vs. Fordham %	W	5-3
2/23	vs. Morgan State %	W	3-0
	vs. Fordham %	W	5-0
2/24	vs. Notre Dame %	W	2-1
3/1	vs. Western Michigan +	W	6-2
	vs. Binghamton +	W	8-5
3/2	vs. Middle Tennessee State +	L	6-8
	at USF +	L	0-1
3/3	vs. Ball State +	W	10-3
3/8	vs. UIC \$		
	vs. UW-Green Bay \$		
3/9	vs. Butler \$		
	vs. UW-Green Bay \$		
3/10	vs. Miami Ohio \$		
3/20	at Illinois State		
3/22	at Purdue		
3/23	at Purdue		
3/24	at Purdue		
3/27	Western Illinois		
3/29	Northwestern		
3/30	Northwestern		
3/31	Northwestern		
4/3	at UNI		
4/5	at Wisconsin		
4/6	at Wisconsin		
4/7	at Wisconsin		
4/10	Iowa State %		
4/12	Illinois		
4/13	Illinois		
4/14	Illinois		
4/17	at Drake		
4/19	at Rutgers		
4/20	at Rutgers		
4/21	at Rutgers		
4/24	Nebraska (Double Header)		
4/26	at Minnesota		
4/27	at Minnesota		
4/28	at Minnesota		
5/3	Ohio State		
5/4	Ohio State		
5/5	Ohio State		
5/9-11	at B1G Tournament		

\* Tiger Classic - Baton Rouge, Louisiana  
 ^ Diamond 9 Citrus Blossom - Orlando, Florida  
 % Diamond 9 Citrus Classic - Orlando, Florida  
 + USF-Clearwater Parks & Recreation Invitational Tournament - Clearwater, Florida  
 \$ Saluki Invitational - Carbondale, Illinois

## Men's Indoor Track

12/8	Jimmy Grant Open	6	champs
1/11-12	Hawkeye Invite	0	champs
1/18-19	Larry Wiecezorek Invite	1st	87 pts.
1/25-26	Black and Gold Premier	2	champs
2/1-2	at Frank Sevigne Invite	0	champs
	at Meyo Invite	3	champs
2/8-9	at Tyson Invite	0	champs
	at Iowa State Classic	1	champ
2/16	at Alex Wilson Invite	0	champs
2/22-23	at B1G Championships	T4th	70 pts.
3/8-9	at NCAA Championships		

## Women's Indoor Track

12/8	Jimmy Grant Open	8	champs
1/11-12	Hawkeye Invite	8	champs
1/18-19	Larry Wiecezorek Invite	3rd	84 pts.
1/25-26	Black and Gold Premier	5	champs
2/1-2	at Frank Sevigne Invite	2	champs
	at Meyo Invite	0	champs
2/8-9	at Tyson Invite	0	champs
	at Iowa State Classic	0	champs
2/16	at Alex Wilson Invite	0	champs
2/22-23	at B1G Championships	3rd	80 pts.
3/8-9	at NCAA Championships		

## Men's Outdoor Track

3/15-16	at Baldy Castillo Invite		
3/29-30	at Stanford Invite		
	at Florida Relays		
4/5-6	at Sun Angel Invite		
4/13	Musco Twilight		
4/18-20	at Mt. SAC Relays		
4/25-27	at Drake Relays		
5/10-12	at B1G Championships		
5/23-25	at NCAA First Round		
6/5-8	at NCAA Championships		

## Women's Outdoor Track

3/15-16	at Baldy Castillo Invite		
3/29-30	at Stanford Invite		
	at Florida Relays		
4/5-6	at Sun Angel Invite		
4/13	Musco Twilight		
4/18-20	at Mt. SAC Relays		
4/25-27	at Drake Relays		
5/10-12	at B1G Championships		
5/23-25	at NCAA First Round		
6/5-8	at NCAA Championships		



# 2018-19 University of Iowa Men's & Women's Sports Schedules

## Men's Cross Country

8/31	Hawkeye Invite	2nd	63 pts.
9/15	at Greeno/Dirksen Invite	2nd	68 pts.
9/28	at Notre Dame Invite	9th	246 pts.
10/13	at Pre-Nationals	16th	511 pts.
10/28	at B1G Championships	6th	153 pts.
11/9	at NCAA Regional	7th	249 pts.
11/17	at NCAA Championships		1 qualifier

## Women's Cross Country

8/31	Hawkeye Invite	2nd	56 pts.
9/15	at Woody Greeno Invite	3rd	124 pts.
9/28	at Notre Dame Invite	7th	253 pts.
10/12	at Bradley Invite	6th	238 pts.
10/19	at Illini Open	3rd	58 pts.
10/28	at B1G Championships	9th	233 pts.
11/9	at NCAA Regional	12th	343 pts.

## #8 Field Hockey (12-7, 3-4 B1G)

8/25	vs. #14 Wake Forest ^	W	2-1
8/26	at #2 North Carolina ^	L	1-2 (OT)
8/31	Dartmouth	W	6-0
9/2	Ball State	W	7-1
9/8	vs. Providence	W	1-0
9/9	at New Hampshire	W	2-0
9/14	Penn	W	3-0
9/16	Indiana	W	3-0
9/21	at #14 Northwestern	L	0-2
9/22	vs. #25 Cal	W	3-1
9/28	at Michigan State	W	4-0
9/30	at #23 Ohio State	W	2-1 (OT)
10/5	#6 Michigan	L	1-2
10/7	#21 Stanford	W	3-0
10/12	#6 Penn State	W	3-2
10/14	#2 Maryland	L	1-2
10/19	at #13 Rutgers	L	0-1
10/28	at #7 Penn State *	W	3-2 (2OT)
11/2	vs. #8 Michigan	W	2-1
11/4	#2 Maryland	L	1-2
11/9	vs. #12 Wake Forest %	L	2-3

^ at ACC/B1G Challenge

\* B1G Tournament

% NCAA Tournament

## Football (9-4, 5-4 B1G)

9/1	Northern Illinois	W	33-7
9/8	Iowa State *	W	13-3
9/15	Northern Iowa	W	38-14
9/22	#18/16 Wisconsin	L	17-28
10/6	at Minnesota	W	48-31
10/13	at Indiana	W	42-16
10/20	Maryland	W	23-0
10/27	at #17/16 Penn State	L	24-30
11/3	at Purdue	L	36-38
11/10	Northwestern	L	10-14
11/17	at Illinois	W	63-0
11/23	Nebraska	W	31-28
1/1	vs. #18 Mississippi State ^	W	27-22

\* Iowa Corn Cy-Hawk Series

^ Outback Bowl

## Soccer (8-7-3, 4-5-2 B1G)

8/17	Missouri	T	0-0
8/19	Creighton	W	2-0
8/24	vs. Washington State +	Cancelled	
8/26	Indiana State	W	1-0
8/31	Central Michigan	W	3-1
9/2	Virginia Commonwealth	W	2-0
9/7	at Iowa State *	L	1-2
9/9	at Wyoming	L	0-1
9/14	at Maryland	L	0-4
9/16	at Rutgers	L	1-2 (2OT)
9/20	Purdue	T	1-1
9/23	Indiana	W	3-1
9/27	at Ohio State	L	0-2
9/30	at #24 Penn State	L	0-2
10/5	at #22 Nebraska	W	2-1
10/12	Michigan State	W	1-0
10/14	Michigan	W	1-0
10/18	at Minnesota	L	1-3
10/21	Northwestern	T	1-1

+ at Minneapolis, Minnesota

\* Iowa Corn Cy-Hawk Series

## Volleyball (15-16, 7-13 B1G)

8/25	vs. SMU	W	3-1
	at Lipscomb	L	2-3
8/26	at Belmont	W	3-0
8/31	at #13 Washington ^	L	1-3
9/1	vs. #21 Colorado ^	L	1-4
9/8	vs. South Dakota State	W	3-0
	at Drake	W	3-0
9/9	Eastern Illinois	W	3-0
9/14	at Iowa State *	W	3-1
9/15	vs. Wyoming	W	3-1
	vs. Syracuse	W	3-2
9/21	Michigan State	W	3-0
9/23	Michigan	L	1-3
9/28	at #7 Illinois	L	0-3
9/30	at Northwestern	W	3-2
10/3	at #3 Nebraska	L	1-3
10/6	#6 Wisconsin	W	3-2
10/10	at Rutgers	W	3-0
10/13	#17 Purdue	L	2-3
10/19	at #3 Minnesota	L	0-3
10/21	at #9 Wisconsin	L	0-3
10/24	Northwestern	L	2-3
10/28	at Maryland	L	0-3
11/2	Rutgers	W	3-0
11/3	#7 Penn State	L	0-3
11/7	#6 Nebraska	L	0-3
11/10	at Michigan State	W	3-0
11/16	at Indiana	L	2-3
11/17	at #12 Purdue	L	2-3
11/23	Maryland	L	2-3
11/24	Ohio State	W	3-2

\* Iowa Corn Cy-Hawk Series

^ at PAC-12/B1G Challenge

## Men's Golf

9/9-10	at Gopher Invite	3rd/15 teams
9/16-18	GolfWeek Challenge	2nd/16 teams
9/30-10/2	at Erin Hills Intercollegiate	Disqualified
10/7-8	at Notre Dame	4th/15 teams
	Fighting Irish Classic	
10/22-23	at Royal Oaks Intercollegiate	8th/14 teams

2/8-9	at B1G Match Play	12th/14 teams
	vs. Nebraska *	L 2-4
	vs. Michigan *	L 2.4-3.5
	vs. Rutgers *	L 2-4
	vs. Minnesota *	W 4.5-1.5

2/17-19 at Puerto Rico Classic 7th/14 teams

3/4-5 at Colleton River Collegiate

4/20-21 Hawkeye Invite

4/26-28 at B1G Championships

\* - Palm Coast, Florida

## Women's Golf

9/10-11	at Branch Law Firm Invite	13th/16 teams
9/17-18	at Mercedes Benz	
	Collegiate Championships	17th/17 teams
9/29-30	Diane Thomason Invite	1st/9 teams
10/9-10	at Edean Ihlantfeldt Invite	10th/12 teams
11/2-4	at Battle at the Beach	15th/17 teams

2/24-25 at Westbrook Spring Invite 15th/16 teams

3/11-12 at Arizona Wildcat Invite

3/21-23 Hawkeye-El Tigre Invite ^

4/1-2 at Bruzzy Challenge

4/11-13 at Liz Murphy Collegiate Classic

4/23-25 at B1G Championships

^ at Puerto Vallarta, Mexico

## Rowing

10/20-21	at Head of the Charles	NTS
10/21	at Jayhawk Jamboree	NTS

3/30-31 at Pac 12 Invite

4/13 vs. Minnesota & Wisconsin

4/19-21 at Brown, vs. Harvard

4/27 at Longhorn Invite

5/19 at B1G Championship

5/31-6/2 at NCAA Championship



# 2018-19 University of Iowa Men's & Women's Sports Schedules

## #22/21 Men's Basketball (21-8, 10-8 B1G)

11/8	UMKC *	W	77-63
11/11	Green Bay *	W	93-82
11/15	vs. #13 Oregon ^	W	77-69
11/16	vs. Connecticut ^	W	91-72
11/21	Alabama State	W	105-78
11/27	Pittsburgh %	W	69-68
11/30	#22/22 Wisconsin	L	66-72
12/3	at #10/10 Michigan State	L	68-90
12/6	Iowa State +	W	98-84
12/15	Northern Iowa @	W	77-54
12/18	Western Carolina	W	78-60
12/22	Savannah State	W	110-64
12/29	Bryant	W	72-67
1/3	at Purdue	L	70-86
1/6	#24/23 Nebraska	W	93-84
1/9	at Northwestern	W	73-63
1/12	#16/17 Ohio State	W	72-62
1/16	at Penn State	W	89-82
1/20	Illinois	W	95-71
1/24	#6/5 Michigan State	L	67-82
1/27	at Minnesota	L	87-92
2/1	#5/5 Michigan	W	74-59
2/7	at Indiana	W	77-72
2/10	Northwestern	W	80-79
2/16	at Rutgers	W	71-69
2/19	#24/25 Maryland	L	65-66
2/22	Indiana	W	76-70
2/26	at Ohio State	L	70-90
3/2	Rutgers	L	76-82
3/7	at Wisconsin		
3/10	at Nebraska		
3/13-17	at B1G Tournament		

\* 2K Classic preliminary round; ^ 2K Classic - New York  
% B1G/ACC Challenge; + Iowa Corn Cy-Hawk Series;  
@ Hy-Vee Classic

## #3 Wrestling (14-1, 9-0 B1G)

11/9	vs. Cal State-Bakersfield	W	36-3
	at Kent State	W	45-0
11/16	Princeton	W	31-10
11/24	#14 Purdue	W	26-9
12/1	Iowa State *	W	19-18
12/8	Lehigh	W	28-14
12/29-30	at Midlands Champ's	1st	184 pts.
1/5	at Flash Flanagan Open		2 champs
1/13	at #8 Minnesota	W	24-10
1/18	#24 Rutgers	W	30-6
1/25	at #20 Illinois	W	31-8
1/26	at Loras Open		3 champs
1/27	at Northwestern	W	32-7
2/3	at #9 Nebraska	W	20-13
2/8	Maryland	W	48-0
2/15	Indiana	W	37-9
2/17	at Wisconsin	W	35-2
2/23	at #2 Oklahoma State	L	12-27
3/9-10	at B1G Championships		
3/21-23	at NCAA Championships		

\* Iowa Corn Cy-Hawk Series

## #12/11 Women's Basketball (23-6, 14-4 B1G)

11/9	Oral Roberts	W	90-77
11/13	at Western Kentucky	W	104-67
11/17	North Carolina Central	W	106-39
11/23	vs. #25/20 West Virginia *	W	84-81
11/24	vs. Florida State *	L	67-71
11/29	at #1/1 Notre Dame ^	L	71-105
12/2	Robert Morris	W	92-63
12/5	Iowa State %	W	73-70
12/8	IUPUI	W	72-58
12/16	Northern Iowa	W	83-57
12/21	at Drake	W	91-82
12/30	at #21/22 Michigan State	L	70-84
1/3	Nebraska	W	77-71
1/7	Wisconsin	W	73-51
1/10	at Purdue	L	57-62
1/14	at #23/20 Minnesota	W	81-63
1/17	Michigan	W	75-61
1/20	at Illinois	W	94-75
1/23	#14/18 Rutgers	W	72-66
1/27	Purdue	W	72-58
2/1	at Michigan	L	81-90
2/3	at Penn State	W	81-61
2/7	#23/21 Michigan State	W	86-71
2/10	at Ohio State	W	78-52
2/14	Illinois	W	88-66
2/17	#7/8 Maryland	W	86-73
2/21	at Indiana	L	73-75
2/25	at Nebraska	W	74-58
3/3	Northwestern	W	74-50
3/6-10	at B1G Tournament		

\* Junkanoo Jam - Bimini, Bahamas; ^ B1G/ACC Challenge; % Iowa Corn Cy-Hawk Series

## Men's Swimming (6-2, 3-2 B1G)

9/27-28	at Michigan State	W	193-98
10/26	at #21 Minnesota	L	141.50-158.50
	vs. South Dakota State	W	248-50
11/2-3	#7 Michigan	L	131-232
	Denver	W	256-95
11/9-11	at B1G/ACC Challenge	B1G	179-174
11/15-17	Hawkeye Invite	3rd	797.5
1/12	Notre Dame	Cancelled	
1/19	Northwestern	W	194-106
	#24 Wisconsin	W	164-136
1/25-26	at Shamrock Invite	3rd	780.5
2/1	Western Illinois	W	151-56
2/27-3/2	at B1G Championships	8th	560 pts.
3/11-13	at NCAA Zone D Diving Championships		
3/26-29	at NCAA Championships		

## Women's Swimming (6-6, 2-4 B1G)

9/27-28	at Michigan State	W	160-138
10/12-14	at SMU Classic	4th	236.5 pts.
10/26	at #21 Minnesota	L	109.50-189.50
	vs. South Dakota State	W	231-64
11/2-3	#5 Michigan	L	97-255
	Denver	L	171.50-181.50
11/9-11	at B1G/ACC Challenge	B1G	251-102
11/15-17	Hawkeye Invite	3rd	632.5
12/7	Iowa State *	W	162-138
1/11	Illinois	W	157-143
	#12 Notre Dame	L	95-204
1/19	Northwestern	L	122-178
	#12 Wisconsin	L	109-191
1/25-26	at Shamrock Invite	4th	434.5
2/1	Western Illinois	W	172-49
	Northern Iowa	W	137-86
2/20-23	at B1G Championships	10th	400.5 pts.
3/11-13	at NCAA Zone D Diving Championships		
3/20-23	at NCAA Championships		

\* Iowa Corn Cy-Hawk Series