

*Notes of the Presidential Committee on Athletics*

*Big Ten/Iowa Room, Carver-Hawkeye Arena*

*February 2, 2023*

**Members Present:** Binns, Cary, Cavey Lang, Foley Nicpon, Grosland, Hand, Hollingworth, Nonnenmann, Pettys, Raiber, Reisinger, Torner, Vogan, Voss, Zaharis.

**Members Absent:** Harwani, Hanley, Moran, Pierce, Vogan, Weinstein

**Also Present:** Barta (Henry B. and Patricia B. Director of Athletics Chair), Clerry (Senior Associate Athletics Director), Davies (Associate Athletics Director/Chief Financial Officer), Goetz (Deputy Athletics Director), Henderson (Deputy Athletics Director), Roe (Assistant Athletics Director for Communications), Simcox (Associate Athletics Director), Tovar (Senior Associate Athletics Director/Associate VP of Diversity, Equity, & Inclusion), Uden-Holman (Associate Provost for Undergraduate Education), Wilson (Executive Senior Associate Athletics Director).

**Guests Present:** Jim Barnes (Head Volleyball Coach), Lyla Clerry (Senior Associate Athletics Director), Bill Maxwell (Director of Athletic Performance), Jennie Sertterh (Director of Athletic Training Services)

Chair Zaharis called the meeting to order at 4:01 pm.

**I. Approval of the December 1, 2022, PCA Minutes**

Torner moved to approve the December 1, 2022, minutes; Pettys seconded the motion. Unanimous approval was recorded from the Committee.

**II. Head Coach Introduction – Jim Barnes, Volleyball**

Chair Zaharis introduced Jim Barnes to the Committee highlighting his career prior to joining the Hawkeyes along with both the academic and athletic success the program has had in his first year at the helm.

Coach Barnes distributed information on the volleyball programs framework; addressing each key fundamental area behind how his staff runs the program. Coach discussed the staff he brought to Iowa and the impact and success the transfer portal had on his first year. Barnes also discussed Xtreme arena, how it is a tremendous venue for his team, and the great atmosphere it creates for the fan base the team has generated.

Coach Barnes opened the floor to questions from the Committee. Questions were addressed and answered on the competitive Big Ten conference, how the roster will adjust next year, and recruiting styles.

Cathy thanked Jim for speaking to the Committee.

***III. Guest Speaker – Lyla Clerry (Sports Performance)***

Chair Zaharis introduced Lyla to speak on her new role within the athletics department overseeing the sports performance structure.

Clerry presented on the enclosed slide deck, describing the new sports performance structure including strength and condition, athletics training, and sports psychology. Clerry went into depth on the three components of the sports performance model with Bill Maxwell and Jennie Serterth speaking on their respective areas.

Zaharis thanked the group for presenting to the Committee.

***IV. Announcements – Zaharis***

Chair Zaharis reported on the following items:

- A.*** PCA Medallions were presented to student athletes at the men's basketball on January 29, 2023.
- B.*** Women in Athletics Luncheon in Des Moines - February 22, 2023.
- C.*** Next PCA Meeting will take place at the Hansen Football Performance Center.

***V. Athletics Department Searches – Cavey-Lang***

There are two current searches taking place in the athletic department:

- A.*** Assistant Director for Career Development
- B.*** Director of Volleyball Analytics & Video Coordinator

**VI. Subcommittee Updates:**

**A. Academic Achievement – Chair Zaharis**

The Subcommittee met in January with John Bruno and Chandler Easley from Student-Athlete Academic Services to discuss programs for student-athletes academically at risk from athletic participation.

**B. Diversity, Equity, Inclusion – Torner**

The Subcommittee was invited to attend the Diversity & Inclusion Forum for athletics staff hosted by Lorenda Holson. The Subcommittee met with student-athletes to discuss DEI, focusing mainly on equity and the availability of mental health open spaces. The Subcommittee is looking to present DEI awards for student-athletes.

**C. Student-Athlete Well-Being – Voss**

The Subcommittee has not met yet this year; planning to meet with ISAAC, Registrar, and DEI subcommittees this semester.

**VII. Iowa Student-Athlete Advisory Committee (ISAAC) Report – Cary**

Cary presented the following ISAAC updates and events:

**A.** PCA recognition at the men's basketball game on January 29, 2023.

**B.** Celebrating National Women & Girls in Sports Day at the women's basketball game tonight.

**C.** MJ McNary from Field Hockey represented the Big Ten at the NCAA SAAC meetings during the 2023 NCAA Convention.

**D.** ISAAC is \$500 away from their goal of \$3,000 in fundraising for Dance Marathon.

**E.** Collaborating with sport psychology to coordinate an out-of-sport seminar for when student athletes have completed their eligibility.

**F.** Highlighted the HERkys affinity group meeting this past week as affinity groups are off to a great start this semester.

- G.** Educational events are ongoing for Black History Month.
- H.** Golden Herkys are being hosted on Monday, May 1, 2023. PCA members are invited to this event. There will be a charge for guests with proceeds being donated to the children's hospitality.

**VIII. NCAA Report – Barta, Goetz, Grosland, Hollingworth**

Barta reported Charlie Baker, Governor of the Commonwealth of Massachusetts will become the next President of the NCAA in March. Mentioned he has heard great things on Bakers leadership style and believes his collaboration efforts will be a huge asset to the organization.

Barta reported the upcoming leadership change within the Big Ten as Commissioner Warren will be transitioning to become the President of the Chicago Bears. The Big Ten Presidents have hired TurnkeyZRG to assist in finding the next Commissioner. Barta addressed key areas of focus for a new commissioner including media contracts, the integration of USC/UCLA, CFP expansion, and the ever-changing intercollegiate athletics landscape.

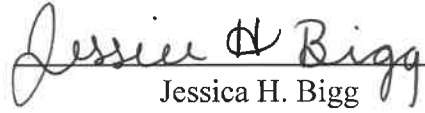
**IX. Athletic Director's Report – Barta**

Barta reported on the following:

- A.** Women's basketball celebrating National Women & Girls in Sports day this evening vs. Maryland.
- B.** Men's basketball will have a sell out attendance vs. Illinois this Saturday.
- C.** Wrestling ranked #2 nationally.
- D.** Gymnastics ranked #16 nationally.
- E.** Barbara Burke has official retired since the last time the Committee met. Beth Goetz assumes the role as Deputy AD/COO with Lyla Clerry taking over as the Senior Women's Administrator.

X. Adjourn

Next meeting will take place Tuesday, February 28, 2023, at the Hansen Football Performance Center. The meeting ended at 5:08 pm.

  
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Jessica H. Bigg  
Recording Secretary



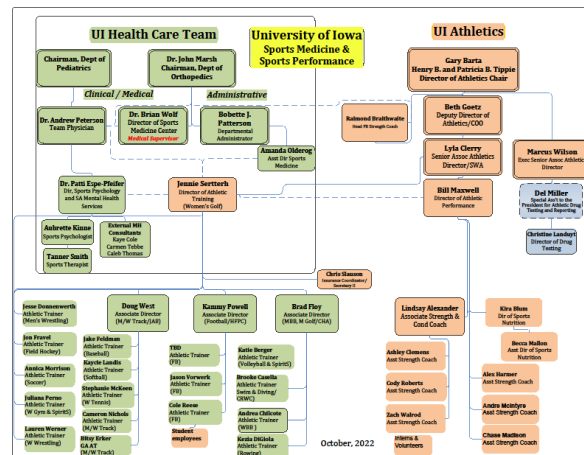
Presidential Committee on Athletics

# Sports Performance Model

February 2, 2023

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## Sports Medicine & Sports Performance



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# Counseling & Sport Psychology

Dr Patti Espe-Pfeifer, PhD

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## Primary Providers


			
<b>Patti Espe-Pfeifer, PhD</b> Director	<b>Aubrette Kinne, PhD</b> Associate Director  Baseball, Field Hockey, Gymnastics, MBB, Soccer, Swim & Dive, M & W Wrestling	<b>Tanner Smith, LMSW</b> Sport Therapist, Staff  M&W Cross Country, M&W Golf, Rowing, Softball, Tennis, M&W Track & Field, Volleyball	<b>Carmen Priebe, PhD</b> Counseling & Sport Psychologist, External Contract  Football, WBB




Counseling & Sport Psychology

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## Additional Providers




**Kaye Cole,  
PhD, LMHC**  
Counselor  
External Contract,  
Telehealth




**Caleb Thomas,  
MA, LMHC**  
Counselor  
External Contract



**Birant Akbay,  
MA**  
Therapist  
Doctoral Practicum



**Charlie  
Shanaver, MS**  
Therapist  
Doctoral Intern



**Heather Kiefer,  
MS**  
Therapist  
Doctoral Intern

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## Services

**CONFIDENTIAL SERVICES**

- **Individual sessions**
  - Mental health
  - Life issues
  - Performance enhancement
  - Academic assessments
- **Pre-Participation Exams**
- **Small group workshops**
  - Mental skills training
  - Leadership
  - Injury recovery

**Outreach programming**

- Anxiety management
- Transition into college
- Body image positivity
- Sport performance skills

**Hawks for Hawks training program**

**Staff and coach education**

- Collaborate with sports medicine, sports nutrition, academics
- Relationship with University Counseling Service, UIHC, community mental health providers

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## Additional Services

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### New Services

- ADHD NCAA Compliance evaluations
- ADHD/LD evaluations
- Concussion management
- Executive Function sessions for students with ADHD

### Future Services

- Streamline referrals for therapy services
  - QR Codes for requesting appointments

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# Athletic Training

Jennie Serterh

**IOWA**

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## Athletic Trainers

<p><b>Jennie Sertterh,</b> Director, (WGO)</p> <ul style="list-style-type: none"> <li>• Jesse Donnenwert (MWR)</li> <li>• Jon Fravel (FH)</li> <li>• Annica Morrison (WSO)</li> <li>• Juliana Perno (WGym, Spirit)*</li> <li>• Lauren Werner (WWR)**</li> </ul>	<p><b>Doug West,</b> (M/W Track)</p> <ul style="list-style-type: none"> <li>• Jake Feldman (BAS)</li> <li>• Kaycie Landis (SB)</li> <li>• Stephanie McKeen (WTE)</li> <li>• Cameron Nichols (M/W Track)</li> <li>• Bitsy Erker, GA (M/W Track)</li> <li>• GA (M/W Track) to be added F23</li> </ul>	<p><b>Kammy Powell,</b> (FB)</p> <ul style="list-style-type: none"> <li>• Jason Vorwek</li> <li>• Cole Reese</li> <li>• TBD</li> </ul>	<p><b>Brad Floy,</b> (MBB, M Golf)</p> <ul style="list-style-type: none"> <li>• Katie Berger (VB, Spirit)</li> <li>• Brooke Casella (S&amp;D)</li> <li>• Andrea Chilcote (WBB)*</li> <li>• Kezia DiGiola (ROW)</li> </ul>
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\* New hire in 2022-23  
+New position for 2022-23

Athletic Training

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## Services

<ul style="list-style-type: none"> <li>- Pre-participation screenings</li> <li>- Mitigation of injuries             <ul style="list-style-type: none"> <li>- Screening programs for injuries</li> </ul> </li> <li>- Referrals to specialty care providers</li> <li>- Evaluation of injury and illnesses             <ul style="list-style-type: none"> <li>- Musculoskeletal</li> <li>- Dietary</li> <li>- Mental Health</li> <li>- Women's Health</li> <li>- Vision</li> <li>- Dental</li> <li>- Cardiac / Pulmonary</li> <li>- Viral/bacterial illnesses</li> <li>- Dermatology</li> </ul> </li> <li>- Treatments</li> <li>- Rehabilitation of injuries</li> <li>- Return to play protocols</li> <li>- Emergency Care</li> </ul>	<p><b>Multi-disciplinary medical model</b></p> <ul style="list-style-type: none"> <li>- Sports Medicine Trained Family Care Physician</li> <li>- Orthopedics</li> <li>- Sports Psychology</li> <li>- Dietician</li> <li>- Specialty Physicians</li> </ul> <p>Other areas...</p> <ul style="list-style-type: none"> <li>- Sports performance</li> <li>- Dental</li> <li>- Vision</li> <li>- Massage</li> <li>- Chiropractic Services</li> </ul>
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Athletic Training

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## Continue to Build

- Post-surgical nutrition education for student-athletes
- Collaboration and communication with Sports Performance and Sports Psychology
- Continuing education with advancing technology, advancement of treatments, and rehabilitation techniques

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Athletic Training

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## Athletic Performance

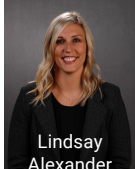
Bill Maxwell

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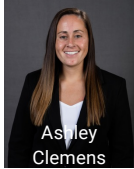
## Coaches and Registered Dietitians



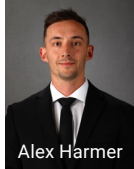
Bill Maxwell



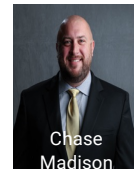
Lindsay Alexander



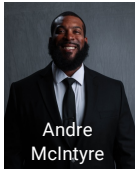
Ashley Clemens




Alex Harmer




Chase Madison



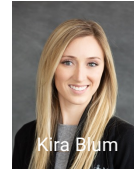
Andre McIntyre



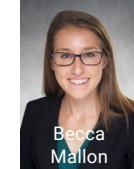
Cody Roberts




Zach Walrod



Kira Blum



Becca Mallon


Athletic Performance

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## Athletic Performance

**Bill Maxwell, Director**  
(MBB)


- Alex Harmer (MWR)
- Andre McIntyre (M/W Track, WGO, SOC, WTE)
- Chase Madison (VB, M/W Track)

**Lindsay Alexander, Assoc Strength & Conditioning**  
(WBB, WGYM)

- Ashley Clemens (FH, SB, S&D)
- Cody Roberts (M/W Track, ROW,
- Zach Walrod (BAS, MGO, WWR)

**Kira Blum, Director of Sports Nutrition**

- Becca Mallon


Athletic Performance

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## Services

### Strength and Conditioning

- Collaborate with Sport Coaches to design and implement strength & conditioning programs based on Key Performance Indicators
- Perform consistent and actionable baseline assessments
- Provide performance/output metrics and training load monitoring
- Collaborate with Athletic Training on reconditioning for return to play
- Collaborate with Sports Psychology to build cognitive skills for coping strategies and overall resiliency
- Administer and operate fueling stations in collaboration with Sports Nutrition

### Sports Science

- Weekly force plate testing on all SA's to assess readiness and performance output
- Assess force-velocity curve signature using pneumatics performance equipment
- Monitor GPS data for load management
- Utilize Tensiomyography to assess local muscle tension/force/speed
- Build reports through data management/visualization platform to improve communication with sport coaches and Athletic Training

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Athletic Performance

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## Additional Services

### Sports Nutrition

- Provide medical nutrition therapy on individual basis; nutrient deficiencies, relative energy deficiency in sport, disordered eating and mental health disorders
- Develop nutrition education programming for teams
- Assist with coordinating and providing access to food and nutrition: fueling stations, smoothie project and black card program (funds to utilize at local restaurants)

### Future Services

- Build a cloud based training platform with pneumatics to include all force/velocity/power/range of motion metrics
- Create an Iowa Performance 'Wikipedia' of educational materials for key stakeholders
- Create a permanent smoothie station and team dining options
- Provide greater higher frequency of nutrition education programming for teams

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# FEBRUARY REPORT TO THE PRESIDENTIAL COMMITTEE ON ATHLETICS

## MEN'S BASKETBALL

**Head Coach:** Fran McCaffery

**Season Record:** 14-8 Overall (6-5 B1G)

**Next Event:** Saturday vs. #-/25 Illinois - 1:30 p.m. at Carver-Hawkeye Arena (FOX)

**Notables:** Iowa has started a three-game home stand with a pair of victories this week, first over Rutgers followed by a win over Northwestern. The Hawkeyes are 11-2 this season inside Carver-Hawkeye Arena.

Eleven of Iowa's 14 wins this season have come by double digits. Iowa is 9-1 when making nine or more 3-pointers in a single game.

Junior Kris Murray ranks 18th nationally in points per game (20.6 ppg). He was named third team midseason All-America by *Sporting News*, and is on the Wooden Award Late Season Top 20 List, Oscar Robertson Midseason Watch List, and Karl Malone Award Watch List. He ranks second in the Big Ten in scoring.

Senior Filip Rebraca has posted a team-best nine doubles-doubles, which ties for third most in the conference. He is one of seven players nationally to average 14+ points, 8+ rebounds, 1+ block, while shooting 57 percent or better from the field.

The Hawkeyes rank 10th in the country in assist-to-turnover ratio, and 19th in assists, fewest turnovers and fewest fouls per contest. Iowa has made 77 more free throws (354) than its opponents have attempted (277).

## WOMEN'S BASKETBALL

**Head Coach:** Lisa Bluder

**Season Record:** 17-4 Overall, (9-1 B1G)

**Next Event:** Thursday vs. #10 Maryland - 7:30 p.m. at Carver-Hawkeye Arena (ESPN)

**Notables:** The Hawkeyes won 12 of their last 13 games dating back to Dec. 4, 2022. Iowa is currently ranked Top 10 in the nation in the Associated Press and USA Today Coaches Poll. Iowa knocked off two ranked foes on the road in month of January. Iowa's road win at No. 2 Ohio State was the highest ranked road victory in school history. The Hawkeyes are second in the Big Ten standings.

All-American Caitlin Clark has been breaking records as of late. She tied for the fastest Division I women's basketball player to reach 2,000 career points. She recently added to her Big Ten Conference record with her eighth career triple-double, third-most in NCAA history, in Iowa's win at No. 2/2 Ohio State. Clark, who joined Marquette men's basketball All-American Dwyane Wade as the only NCAA Division I players since 1999-2000 with a triple-double against an AP top-2 opponent (Wade did it vs. No. 1 Kentucky in the 2003 NCAA Tournament), finished with 28 points, 10 rebounds

and a season-high 15 assists, the latter total tying for the third-most assists ever in a conference game. Of Clark's eight career triple-doubles, four have featured 25-point outings, the most in NCAA Division I history.

Fifth-year Monika Czinano has had an excellent stretch as of late, shooting better than 70% from the floor in five out of the last six games for the Hawkeyes

This week, Clark and Czinano were also named Wooden Award Late Season Watch List. Clark also was named to the Nancy Lieberman Point Guard of the Year Late Season Watch List.

## FOOTBALL

**Head Coach:** Kirk Ferentz

**Season Record:** 8-5 Overall (5-4 B1G)

**Next Event:** Spring Practice begins in March

**Notables:** Iowa closed the season with a 21-0 win over Kentucky in the TransPerfect Music City Bowl in Nashville. With the win, Iowa is one of six teams nationally to win at least eight games in every season since 2015, except for Covid shortened 2020.

As was the case throughout the season, the Iowa defense came up big in the bowl victory, as freshman Xavier Nwankpa and sophomore Cooper DeJean had interception returns for two of Iowa's three touchdowns.

DeJean also led Iowa's special teams play and was named the Most Valuable Player in the game.

Senior linebacker Jack Campbell was the recipient of the William V. Campbell Trophy, which is considered as the academic Heisman Trophy for college football. Campbell also won the Butkus Award as the top linebacker in the nation. Campbell concluded his career as Iowa's 13th unanimous consensus All-American.

## WOMEN'S GOLF

**Head Coach:** Megan Menzel

**Next Event:** Feb. 12-14 at Tulane Classic presented by Chad Brownstein – New Orleans, La.

**Notables:** The Hawkeyes dropped a points scrimmage, 14.5-9.5, against Colorado on Jan. 30 in Chandler, Arizona. The two teams squared off head-to-head over 18 holes with the front nine, back nine and overall round accounting for points. Freshman Riley Lewis had two points to lead the team.

The Hawkeyes open the spring season Feb. 12-14, traveling to New Orleans for the Tulane Classic, presented by Chad Brownstein. Iowa will play six spring tournaments in Louisiana, Arizona, Florida, South Carolina, California and Ohio before the Big Ten Championships in Pittsburgh in April.

## WOMEN'S GYMNASTICS

**Head Coach:** Larissa Libby

**Season Record:** 0-1-1 Overall (0-1-1 Big Ten)

**Next Event:** Monday at Nebraska - 8 p.m. (BTN)

**Notables:** The Hawkeyes opened their season finishing second at the Super 16 and third at the Wasatch Classic. Iowa tied the fifth-best score in program history at No. 10 Ohio State scoring a 196.900. Iowa tied with No. 15 Minnesota scoring the seventh highest score in program history, a 196.875. Two Hawkeyes scored a near perfect 9.975 score against Minnesota: JerQuavia Henderson on floor and Linda Zivat on Vault.

## SWIMMING & DIVING

**Head Coach:** Nathan Mundt

**Season Record:** 1-7-1 Overall (0-6 Big Ten)

**Next Event:** Feb. 15-18 at B1G Championships - Ann Arbor, Mich.

**Notables:** The Hawkeyes registered nine event wins in their final home meet of the season to tie with Vanderbilt at 131. The Hawkeye victorious included the quartet of senior Kennedy Gilbertson, graduate student Sheridan Schreiber, freshman Scarlet Martin, and sophomore Molly Pedersen in the 200-medley relay, sophomore Alix O'Brien in the 1000 free, Gilbertson in the 100 back and 100 free, freshman Sabina Kupcova in the 50 and 200 free, Ozkazanc in the 200 back, Martin in the 100 fly and Gilbertson, Kupcova, Pedersen and Martin in the 400 free relay.

Against Illinois (Jan. 13-14), sophomore Makayla Hughbanks scored 348.15 (3-meter) and a career-best 311.55 (1-meter) to sweep the dive events. Freshman Lainey Woodward scored a career-high 302.85 to place second off the 1-meter springboards, ranking 11th all-time at Iowa.

## WOMEN'S TENNIS

**Head Coach:** Sasha Schmid

**Season Record:** 1-1 Overall

**Next Event:** Friday vs. Denver - 5 p.m. - Hawkeye Tennis & Recreation Complex.

**Notables:** The Hawkeyes split their first two dual matches of the season on the road last month. Iowa fell at Charlotte (7-0) but defeated Furman (5-2).

The doubles team of Vipasha Mehra/Any Lamoreaux enter spring competition ranked No. 45 nationally.

## MEN'S TRACK & FIELD

**Head Coach:** Joey Woody

**Next Event:** Friday-Saturday at Meyo Invitational | Friday-Saturday at New Mexico Collegiate Classic | Saturday at Iowa State Classic

**Notables:** Junior Peyton Haack broke the heptathlon school record last weekend at the Razorback Invitational, earning 6,007 points. The team is ranked 12<sup>th</sup> in the nation and 1<sup>st</sup> in the Midwest Region. The Hawkeyes have seven event groups ranked nationally, including their highest ranking of 4<sup>th</sup> in the 60-meter hurdles.

## WOMEN'S TRACK & FIELD

**Head Coach:** Joey Woody

**Next Event:** Friday-Saturday at Meyo Invitational | Friday-Saturday at New Mexico Collegiate Classic | Saturday at Iowa State Classic

**Notables:** Junior Myreanna Bebe broke a 14-year school record at the Larry Wiecezorek Invitational on Jan. 21, following her 8.11 time in the 60-meter hurdles. The Hawkeyes won the team title at the Larry Wiecezorek. Following a strong showing at this past weekend's Razorback Invitational, the Hawkeyes are ranked 2<sup>nd</sup> in the Midwest region. They are also ranked nationally in seven event groups, including their highest rankings of 3<sup>rd</sup> in the 60-meter hurdles.

## WRESTLING

**Head Coach:** Tom Brands

**Season Record:** 12-1 Overall (5-1 B1G)

**Next Event:** Friday at #12 Minnesota – 8 p.m. - Minneapolis (BTN)

**Notables:** The Hawkeyes dropped their first dual of the season, falling 23-14 at No. 1 Penn State on Jan. 27. Iowa won two of the first three matches and led 14-9 through six bouts, but the Nittany Lions won the final four matches to win the dual.

Two Hawkeyes – No. 1 Spencer Lee and No. 2 Real Woods – are both undefeated this season. Lee, who is a two-time Big Ten Wrestler of the Week honoree, is 11-0 with 11 bonus point victories, while Woods is 10-0. Woods has won four consecutive matches against ranked foes.

All 10 Hawkeyes are ranked in the various national rankings, including three in the top three (Lee, Woods and Cassioppi).



# 2022-23 University of Iowa Men's & Women's Sports Schedules

## Baseball (0-0, 0-0 B1G)

2/17	vs. Indiana State *
2/18	vs. Quinnipac *
2/19	vs. Indiana State *
2/24	vs. Sam Houston State ^
2/25	vs. LSU ^
2/26	vs. Kansas State ^
3/3	vs. Southern +
3/4	at South Alabama +
3/5	vs. Pepperdine +
3/10	at Texas Tech
3/11	at Texas Tech
3/13	at Texas Tech
3/15	St. Thomas
3/17	South Dakota State
3/18	South Dakota State
3/19	South Dakota State
3/21	Grand View
3/24	Western Michigan
3/25	Western Michigan
3/26	Western Michigan
3/28	at Illinois State
3/31	Maryland
4/1	Maryland
4/2	Maryland
4/5	at Bradley
4/7	at Indiana
4/8	at Indiana
4/9	at Indiana
4/12	Wisconsin-Milwaukee
4/14	at Minnesota
4/15	at Minnesota
4/16	at Minnesota
4/18	at Illinois-Chicago
4/19	Bradley
4/21	Nebraska
4/22	Nebraska
4/23	Nebraska
4/25	Western Illinois
4/28	at Penn State
4/29	at Penn State
4/30	at Penn State
5/2	Illinois State
5/5	Ohio State
5/6	Ohio State
5/7	Ohio State
5/12	Michigan State
5/13	Michigan State
5/14	Michigan State
5/16	Illinois-Chicago
5/18	at Northwestern
5/19	at Northwestern
5/20	at Northwestern
5/23-29	at B1G Tournament (Omaha, Neb.)

\* Snowbird NCAA Classic - Port Charlotte, Fla.

^ at Karbach Round Rock Classic - Round Rock, Texas

+ at South Alabama Invite - Mobile, Ala.

## Men's Basketball (14-8, 6-5 B1G)

11/7	Bethune-Cookman	W	89-58
11/11	North Carolina A&T	W	112-71
11/16	at Seton Hall *	W	83-67
11/21	Omaha +	W	100-64
11/25	vs. Clemson ^	W	74-71
11/26	vs. TCU ^	L	66-79
11/29	Georgia Tech %	W	81-66
12/6	vs. #15/15 Duke &	L	62-74
12/8	#20/20 Iowa State \$	W	75-56
12/11	Wisconsin	L	75-78 (OT)
12/17	Southeast Missouri State	W	106-75
12/21	Eastern Illinois	L	83=92
12/29	at Nebraska	L	50-66
1/1	at Penn State	L	79-83
1/5	#15/19 Indiana	W	91-89
1/8	at Rutgers	W	76-65
1/12	Michigan	W	93-84 (OT)
1/15	Maryland	W	81-67
1/21	at Ohio State	L	77-93
1/26	at Michigan State	L	61-63
1/29	Rutgers	W	93-82
1/31	Northwestern	W	86-70
2/4	#-/25 Illinois		
2/9	at Purdue		
2/12	at Minnesota		
2/16	Ohio State		
2/19	at Northwestern		
2/22	at Wisconsin		
2/25	Michigan State		
2/28	at Indiana		
3/5	Nebraska		
3/8-12	at B1G Tournament (Chicago, Ill.)		

\* Gavitt Tipoff Games

+ Emerald Coast Classic Preliminary - Iowa City, Iowa

^ Emerald Coast Classic - Niceville, Fla.

% ACC/Big Ten Challenge

& Jimmy V Classic - New York, N.Y.

\$ Iowa Corn Cy-Hawk Series

## #6/6 Women's Basketball (16-4, 8-1 B1G)

11/7	Southern	W	87-34
11/10	Evansville	W	115-62
11/13	at Drake	W	92-86 (OT)
11/17	at Kansas State	L	83-84
11/20	Belmont	W	73-62
11/25	vs. Oregon State *	W	73-59
11/26	vs. #3/3 UConn *	L	79-86
12/1	#12/11 N.C. State +	L	81-94
12/4	at Wisconsin	W	102-71
12/7	#10/8 Iowa State ^	W	70-57
12/10	Minnesota	W	87-64
12/18	Northern Iowa	W	88-74
12/21	Dartmouth	W	92-54
12/29	Purdue	W	83-68
1/1	at Illinois	L	86-90
1/7	at #14/19 Michigan	W	94-85
1/11	Northwestern	W	93-64
1/14	Penn State	W	108-67
1/18	at Michigan State	W	84-81 (OT)
1/23	at #2/2 Ohio State	W	83-72
1/28	Nebraska	W	80-76
2/2	#8/9 Maryland		
2/5	at Penn State		
2/9	at Indiana		
2/12	Rutgers		
2/15	Wisconsin		
2/18	at Nebraska		
2/21	at Maryland		
2/26	Indiana		
3/1-5	at B1G Tournament (Minneapolis, Minn.)		

\* at Phil Knight Legacy Tournament - Portland, Ore.

+ ACC/Big Ten Challenge

^ Iowa Corn Cy-Hawk Series

## Men's Cross Country

9/2	Hawkeye Invite	1st/3 teams
9/9	at B1G Preview	3rd/6 teams
9/16	at Redbird Invite	7th/7 teams
9/30	at Gans Creek Classic	6th/21 teams
10/15	at Weis-Crockett Invite	17th/26 teams
10/21	at Illinois Invite	NTS
10/28	at B1G Championships	7th/12 teams
11/11	at NCAA Midwest Regional	17th/27 teams

## Women's Cross Country

9/2	Hawkeye Invite	1st/2 teams
9/9	at B1G Preview	6th/6 teams
9/16	at Redbird Invite	6th/9 teams
9/30	at Gans Creek Classic	7th/24 teams
10/15	at Weis-Crockett Invite	17th/26 teams
10/21	at Illinois Invite	6th/7 teams
10/28	at B1G Championships	14th/14 teams
11/11	at NCAA Midwest Regional	14th/33 teams





# 2022-23 University of Iowa Men's & Women's Sports Schedules

## #11 Field Hockey (12-8, 4-5 B1G)

8/26	at #20 Wake Forest *	W	2-1 (2OT)
8/29	vs. #2 North Carolina *	L	2-3 (OT)
9/2	Boston	W	4-0
9/4	St. Louis	W	6-0
9/9	Providence	W	3-1
9/11	#22 Massachusetts	W	2-0
9/16	Indiana	W	5-1
9/23	at #1 Northwestern	W	2-0
9/25	at Ball State	W	6-1
9/30	#4 Maryland	L	1-2 (OT)
10/2	#21 Rutgers	W	1-0
10/7	at #5 Penn State	L	1-2 (OT)
10/9	vs. #17 James Madison +	W	2-1
10/14	at #21 Ohio State	L	0-2
10/16	at #10 Michigan	L	0-2
10/23	vs. #6 Michigan %	L	0-1
10/28	Michigan State	W	1-0
11/3	vs. #6 Michigan ^	L	0-3
11/11	vs. #5 Virginia §	W	2-1 (SO)
11/13	vs. #3 Northwestern §	L	1-2 (SO)

\* ACC/Big Ten Challenge - Winston-Salem, N.C.

+ at University Park, Pa.

% - at Evanston, Ill.

^ B1G Tournament - Columbus, Ohio

§ - NCAA Tournament - Evanston, Ill.

## Football (8-5, 5-4 B1G)

9/3	South Dakota State	W	7-3
9/10	Iowa State *	L	7-10
9/17	Nevada	W	27-0
9/24	at Rutgers	W	27-10
10/1	#4/4 Michigan	L	14-27
10/8	at Illinois	L	6-9
10/22	at #2/2 Ohio State	L	10-54
10/29	Northwestern	W	33-13
11/5	at Purdue	W	24-3
11/12	Wisconsin	W	24-10
11/19	Minnesota	W	13-10
11/25	Nebraska	L	17-24
12/31	vs. Kentucky ^	W	21-0

\* Iowa Corn Cy-Hawk Series

^ TransPerfect Music City Bowl - Nashville, Tenn.

## Men's Golf

9/4-5	at Fighting Irish Classic	12th/15 teams
9/26-27	at Inverness Intercollegiate	12th/16 teams
10/10-11	at Purdue Fall Invite	9th/15 teams
10/16-17	Iowa Fall Classic	1st/9 teams
10/21-23	at Williams Cup	10th/10 teams
2/6	Black & Gold Alumni Match Play	
2/12-14	at Puerto Rico Classic	
3/6-7	at Wake Forest Invite at Pinehurst No. 2	
3/13-14	at The Johnnie-O at Sea Island	
4/2-4	Calusa Cup	
4/15-16	Hawkeye Invite	
4/28-30	at B1G Championships	

## Women's Golf (0-1, 0-0 B1G)

9/12-13	at Branch Law Firm/ Dick McGuire Invite	T-15th/17 teams
9/18-20	at Badger Invite	T-10th/13 teams
10/3-4	at Big O Classic	NTS
10/7-9	at Ron Moore Intercollegiate	6th/16 teams
10/17-18	at Marilynn Smith Sunflower Invite	15th/15 teams
1/30	vs. Colorado	L 9.5-14.5
2/12-14	at Tulane Classic	
2/26-27	at Westbrook Spring Invite	
3/6-7	at UNF Collegiate	
3/13-14	at Briar's Creek Invite	
3/26-27	at Fresno State Classic	
4/15-16	at Lady Buckeye Invite	
4/21-23	at B1G Championships (Pittsburgh, Pa.)	

## #15 Gymnastics (0-1-1, 0-1-1 B1G)

1/7	Super 16	2nd	196.225
1/14	at Wasatch Classic	3rd	196.575
1/22	at #10 Ohio State	L	196.900-197.225
1/27	#18 Minnesota	T	196.875
2/6	at Nebraska		
2/11	Michigan State		
2/18	Rutgers		
2/24	at Big Five Meet		
3/4	Iowa State *		
3/10	at Southern Utah		
3/18	B1G Championships		
3/29-4/1	at NCAA Regionals		
4/13-15	at NCAA Championships		

\* Iowa Corn Cy-Hawk Series

## Rowing

11/6	at Princeton Chase	0 champs
3/18	vs. Michigan State (Exhibition) (Tempe, Ariz.)	
3/25	at Harvard; vs. Ohio State, Rutgers, Syracuse, Yale	
4/7-8	at Big Ten Invite (Sarasota, Fla.)	
4/15	vs. Kansas (Kansas City, Kan.)	
4/21-22	at Lake Wheeler Invite	
4/29-30	at Stanford; vs. California, SMU	
5/14	at B1G Championships (Indianapolis, Ind.)	
5/26-28	at NCAA Championships (Cherry Hill, N.J.)	

## Soccer (5-6-7, 2-3-5 B1G)

8/18	at #13 UCLA	L	0-1
8/21	at Cal Poly	W	1-0
8/25	Kansas	L	0-1
8/28	DePaul	W	4-0
9/1	Pacific	T	1-1
9/4	at Baylor	T	0-0
9/8	at Iowa State *	L	1-2
9/11	at Northern Iowa	W	6-0
9/18	Wisconsin	L	1-3
9/22	at Michigan State	T	0-0
9/25	at Ohio State	L	0-2
9/29	at Illinois	T	2-2
10/2	Michigan	T	1-1
10/9	at Minnesota	L	0-1
10/13	Purdue	T	2-2
10/16	Nebraska	W	4-0
10/20	at #13 Northwestern	W	2-1
10/23	#24 Penn State	T	1-1

\* Iowa Corn Cy-Hawk Series

## Softball (0-0, 0-0 B1G)

2/10	vs. Loyola *	
	vs. Bethune Goodman *	
2/11	vs. Mississippi State *	
	FAU *	
2/12	Stony Brook *	
2/17	vs. N.C. State ^	
2/18	vs. N.C. State ^	
	vs. Syracuse ^	
2/19	vs. Syracuse ^	
2/24	vs. Bethune Cookman %	
	vs. UCLA %	
2/25	vs. Cal %	
	vs. CSUN %	
2/26	vs. Oregon State %	
3/3	vs. South Dakota &	
	vs. Central Arkansas &	
3/4	vs. South Dakota &	
	vs. Nebraska Omaha &	
3/5	vs. Nebraska Omaha &	
3/10-12	at The Spring Games	
3/17	vs. Marist +	
3/18	vs. Lehigh +	
	USF +	
3/19	vs. Texas +	
3/24	at Penn State	
3/25	at Penn State	
	at Penn State	
3/29	Nebraska	
	Nebraska	
3/31	Northwestern	
4/1	Northwestern	
4/2	Northwestern	
4/4	at Drake	
4/7	at Michigan State	
4/8	at Michigan State	
4/9	at Michigan State	
4/14	Maryland	
4/15	Maryland	
4/16	Maryland	
4/19	at Western Illinois	
4/21	at Minnesota	
4/22	at Minnesota	
4/23	at Minnesota	
4/26	Iowa State §	
4/28	Rutgers	
4/29	Rutgers	
4/30	Rutgers	
5/3	Northern Iowa	
5/5	at Wisconsin	
5/6	at Wisconsin	
5/7	at Wisconsin	

\* at FAU Paradise Classic - Boca Raton, Fla.

^ at B1G/ACC Challenge - Raleigh, N.C.

% Mary Nutter Collegiate Classic - Palm Springs, Calif.

& Adam Brown Memorial Shamrock Classic - Conway, Ark.

+ USF Tournament - Tampa, Fla.

§ Iowa Corn Cy-Hawk Series



# 2022-23 University of Iowa Men's & Women's Sports Schedules

## Swimming & Diving (1-7-1, 0-6 B1G)

10/7	at Northern Iowa	W	197-102
10/21	Nebraska	L	123-175
11/11	at #25 Minnesota	L	79-202
12/1-3	Hawkeye Invite	4th/6 teams	
12/9	Iowa State *	L	144-156
1/13-14	Illinois	L	137-216
1/21	Vanderbilt	T	131-131
1/27-28	vs. #25 Minnesota	L	82-218
	vs. Purdue	L	49-137
	at Northwestern	L	81-269
2/15-18	at B1G Championships		
3/6-9	at NCAA Zone D Diving Championships		
3/15-18	at NCAA Championships		

\* Iowa Corn Cy-Hawk Series

## Tennis (1-1, 0-0 B1G)

9/23-25	at 49er Invite	NTS	
9/29-10/2	at Intercollegiate Invite	NTS	
10/13-17	at ITA Regionals	NTS	
11/11-13	at Watanabe Classic	NTS	
1/14-16	at NIU Huskie Winter Invite	2 champs	
1/20	at Charlotte	L	0-7
1/22	at Furman	W	5-2
2/3	Denver		
2/5	Kansas State		
2/10	at Oregon		
2/11	vs. Saint Mary's		
2/24	Iowa State *		
3/4	vs. Wisconsin		
3/5	at Minnesota		
3/15	at Michigan		
3/17	Michigan State		
3/25	Nebraska		
3/31	Purdue		
4/2	Indiana		
4/7	at Penn State		
4/9	at Ohio State		
4/15	Rutgers		
4/16	Maryland		
4/22	at Northwestern		
4/23	at Illinois		
4/26-30	at B1G Championships		
5/5-7	at NCAA Regionals		
5/12-13	at NCAA Championships		

\* Iowa Corn Cy-Hawk Series

## Men's Track & Field

12/10	Jimmy Grant Invite	7 champs	
1/14	Hawkeye Invite	4 champs	
1/20-21	Larry Wiecezorek Invite	3rd/53.5 pts.	
1/27-28	at Razorback Invite	0 champs	
2/3-4	at Meyo Invite		
	at New Mexico Collegiate Classic		
2/4	at Iowa State Classic		
2/10-11	at Tyson Invite		
	at Music City Challenge		
2/17	Iowa Open		
2/18	at Alex Wilson Invite		
2/24-25	at B1G Indoor Championships		
3/8-11	NCAA Indoor Championships		
3/17-18	at Hurricane Invite		
3/23-25	at Raleigh Relays		
	at Bobcat Invite		
3/29-4/1	at Texas Relays		
3/30-4/1	at Mike Fanelli Track Classic		
3/31-4/1	at Florida Relays		
3/31-4/1	at Stanford Invite		
4/7-8	at John McDonnell Invite		
	at Jim Duncan Invite		
4/12-15	at Mt. SAC Relays		
	at Bryan Clay Invite		
4/14-15	at Beach Invite		
	at Tom Jones Invite		
4/22	Musco Twilight		
4/27-30	at Drake Relays		
5/6	at Dr. Tucker Open		
5/12-14	at B1G Outdoor Championships		
5/24-27	at NCAA West Preliminary		
6/7-10	at NCAA Outdoor Championships		

## Women's Track & Field

12/10	Jimmy Grant Invite	9 champs	
1/14	Hawkeye Invite	5 champs	
1/20-21	Larry Wiecezorek Invite	1st/98 pts.	
1/27-28	at Razorback Invite	0 champs	
2/3-4	at Meyo Invite		
	at New Mexico Collegiate Classic		
2/4	at Iowa State Classic		
2/10-11	at Tyson Invite		
	at Music City Challenge		
2/17	Iowa Open		
2/18	at Alex Wilson Invite		
2/24-25	at B1G Indoor Championships		
3/8-11	NCAA Indoor Championships		
3/17-18	at Hurricane Invite		
3/23-25	at Raleigh Relays		
	at Bobcat Invite		
3/29-4/1	at Texas Relays		
3/30-4/1	at Mike Fanelli Track Classic		
3/31-4/1	at Florida Relays		
3/31-4/1	at Stanford Invite		
4/7-8	at John McDonnell Invite		
	at Jim Duncan Invite		
4/12-15	at Mt. SAC Relays		
	at Bryan Clay Invite		
4/14-15	at Beach Invite		
	at Tom Jones Invite		
4/22	Musco Twilight		
4/27-30	at Drake Relays		
5/6	at Dr. Tucker Open		
5/12-14	at B1G Outdoor Championships		
5/24-27	at NCAA West Preliminary		
6/7-10	at NCAA Outdoor Championships		

## Volleyball (10-21, 4-16 B1G)

8/26	vs. Gonzaga *	W	3-0
	vs. Florida International *	W	3-1
8/27	at Oklahoma *	L	0-3
9/3	vs. #14 Washington ^	L	0-3
9/4	at Colorado ^	L	0-3
9/9	vs. Wright State +	W	3-2
	at Iowa State +\$	L	1-3
9/10	vs. Drake +	L	1-3
9/16	South Dakota State %	W	3-0
	North Florida %	W	3-0
9/17	Northern Iowa %	W	3-0
9/23	#7 Ohio State	L	0-3
9/25	#11 Purdue	L	1-3
9/28	at Indiana	L	0-3
10/1	at #7 Minnesota	L	1-3
10/5	at #5 Purdue	L	2-3
10/8	Indiana	W	3-2
10/14	#5 Wisconsin	L	0-3
10/15	#14 Penn State	L	2-3
10/19	#9 Minnesota	L	0-3
10/21	at #6 Ohio State	L	1-3
10/27	Maryland	L	1-3
10/30	at Northwestern	L	0-3
11/4	at Rutgers	L	0-3
11/6	at Maryland	L	1-3
11/11	at #4 Nebraska	L	0-3
11/13	Rutgers	W	3-0
11/18	#6 Nebraska	L	0-3
11/20	at Illinois	L	0-3
11/23	Michigan	W	3-2
11/26	at Michigan State	W	3-2

\* at Oklahoma Invite

^ at PAC-12/B1G Challenge - Boulder, Colo.

+ Iowa Corn Cy-Hawk Series Tournament - Ames, Iowa

\$ Iowa Corn Cy-Hawk Series

## #2 Wrestling (12-1, 5-1 B1G)

11/12	at Luther Open	2 champs	
11/13	Cal Baptist	W	42-3
11/17	at Army	W	28-13
11/18	vs. Sacred Heart *	W	35-6
	vs. Buffalo *	W	35-7
11/19	at Lindenwood Open	2 champs	
11/22	at NWCA All-Star Classic (Austin, Texas)		
11/26	#21 Penn	W	26-11
	at Cyclone Open	4 champs	
12/4	#7 Iowa State ^	W	18-15
12/10	at Chattanooga	W	27-12
	at UNI Open	1 champ	
12/29-30	at Soldier Salute (Coralville, Iowa)	1st place/228 points	
1/6	Illinois	W	25-19
1/8	at Purdue	W	37-6
1/13	#11 Northwestern	W	27-9
1/20	#11 Nebraska	W	34-6
1/22	at #16 Wisconsin	W	19-18
1/27	at #1 Penn State	L	14-23
1/28	at Pat "Flash" Flanagan Open	3 champs	
2/3	at #12 Minnesota		
2/10	Michigan		
2/19	Oklahoma State		
3/4-5	at B1G Championships (Ann Arbor, Mich.)		
3/16-18	at NCAA Championships (Tulsa, Okla.)		

\* Arm Bar in the Armory - Albany, N.Y.

^ Iowa Corn Cy-Hawk Series