

*Notes of the Presidential Committee on Athletics*

*Big Ten Iowa Room, CHA*

*February 1, 2024*

**Members Present:** Binns, Foley Nicpon, Grosland, Hand, Hollingworth, Lee, Pettys, Pierce, Raiber, Reisinger, Torner, Vogan, Voss.

**Members Absent:** Cavey Lang, Charlton, Hanley, Moran, Voss, Weinstein.

**Also Present:** Clerry (Senior Associate AD), Espe-Pfeifer (Director of Sports Psychology and Student-Athlete Mental Health), Goetz (Athletics Director), Henderson (Deputy AD), Hilleman (Senior Associate AD), Holston (Assistant AD), Modestou (Director of Equal Employment Opportunity, Affirmative Action and Compliance), Schroeder (ISAAC Representative), Simcox (Associate Athletics Director), Tovar (Senior Associate AD/Associate VP of Diversity, Equity, & Inclusion), Weitzel (Associate AD), Wilson (Executive Senior

**Guests Present:** Renee Gillispe (Head Softball Coach)

Chair Torner called the meeting to order at 4:02 pm.

Chair Torner recapped the end of the fall semester and noted the success of winter sports thus far. Torner also congratulated newly named Athletics Director, Beth Goetz.

***I. Approval of the December 7, 2023, PCA Minutes***

Pettys moved to approve the December 7, 2023, minutes; Reisinger seconded the motion. Unanimous approval was recorded from the Committee.

***II. Head Coach Introduction – Renee Gillispe***

Chair Torner introduced Coach Gillispe as an Iowa native, describing her coaching career that led her back to her home state. He spoke on the teams' accomplishments highlighting academic awards and recent Big Ten and NISC success.

Gillispe spoke on her upbringing and purpose of getting into the coaching profession. She acknowledged her 1-3-5-year plan and the progress the program has made since she arrived at Iowa.

Gillispie transitioned into recruiting, scheduling, the new field turf, and hosting the Big Ten Softball Tournament this spring. Questions were received on the portal, recruiting at the community college level, and Big Ten competitors.

Gillispie thanked the committee for their support of Iowa athletics.

***III. Athletics Update – Senior Staff***

Goetz and Wilson presented on the enclosed slide deck.

Patti Espe-Pfeifer answered questions relating to student-athlete well-being while providing statistics in the psychology space.

***IV. Vice Chair Report – Chair Torner***

Chair Torner reported on two current searches:

- A.*** Assistant Volleyball Coach
- B.*** Director of Volleyball Video Analytics and Assistant Coach

***V. Announcements – Chair Torner***

Chair Torner reported on:

- A.*** Updating the following areas within the PCA Manual:
  - i.*** Medallion Criteria
  - ii.*** Executive Committee Structure
  - iii.*** Pregnancy and Parents
  - iv.*** Additional sections to include NIL and gambling.
- B.*** Office of the General Counsel will help with formatting and updating all links in the PCA Manual.
- C.*** Exploring options for Subcommittees to combine meetings with common guest speakers.
- D.*** PCA Recognition Game – February 17 at 1:15 pm.

**VI. Subcommittee Reports**

**A. Academic Achievement – Hand**

The Subcommittee met in December and reviewed the Department's policy requiring coaching staff to have a bachelor's degree. This topic will be discussed further with Athletics HR.

**B. Diversity, Equity, and Inclusion – Foley Nicpon**

The Subcommittee met in November with Liz Tovar. Tovar is a co-director of the DEI task force and discussed potential impacts on athletics. The DEI Subcommittee is meeting with ISAAC leaders on Monday.

**C. Student-Athlete Well-Being – Reisinger**

The Subcommittee discussed the athletics department's travel policy. It was confirmed no changes will be made with the additional travel that may occur with the new Big Ten conference members. Students reported the current policy has been working well. The Subcommittee also reviewed the grievance policy. Conversations were had on ways to make student-athletes more aware of these policies. This group will meet with ISAAC at the end of February.

**VII. ISAAC Report – ISAAC Representative, Schroeder**

Schroeder reported on the following:

- A. ISAAC reached its goal of raising \$3,000 to donate to the dance marathon.
  - i. 60 student-athletes have signed up for athlete hour during the event.
  - ii. Student-athletes will host a panel during the event.
- B. ISAAC met last week and discussed the following items:
  - i. Goals for the semester
  - ii. Career development – career trip to Des Moines
  - iii. Recruiting more student-athletes to participate in ISAAC

- iv. Community engagement
- v. Day of Caring – April 21, 2024

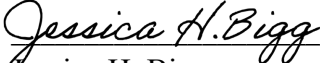
**VIII. NCAA Report / Athletics Director's Report – Goetz**

Goetz reported on the following items:

- A.** Acknowledged our incredible facility team that allowed our teams to practice and compete during inclement weather.
- B.** Team updates:
  - i. Currently have 5 teams ranked in the top 20 nationally: women's basketball, track and field, men's wrestling, women's wrestling, and gymnastics.
  - ii. Spring sports are currently starting their seasons.
- C.** New facilities continue to progress even with the poor weather at the beginning of January.
  - i. Gymnastics has broken ground.
  - ii. Wrestling is planning to move into their new facility after their championship seasons.
- D.** Big Ten:
  - i. Announced basketball schedule formats.
  - ii. Working through scheduling for the remainder of sports.
- E.** Continuing to track on national landscape.

**IX. Adjourn**

- A.** The meeting concluded at 4:57 pm

  
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Jessica H. Bigg  
Recording Secretary



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## What's Next

- Staffing and Structure
- Game Planning the Future of College Athletics
- Resource/Revenue Acquisition and Financial Management
- Intentional Integration with the University Mission
- Engagement Plans
- Continued Student-Athlete Experience Focus



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## Student Athlete Well-Being



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## Academics

- Fall 2023
  - 3.17 GPA
  - 98 Academic All-Big Ten Honorees
  - 218 PCA Medallions Issued



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## Student Athlete Well-Being

- Sport Psychology Services
  - Utilization of services by athletes is increasing
    - 6/1/22-5/31/23: 354 athletes seen for individual services, 3478 appointments
    - Individual therapy
    - Team and individual sport performance sessions
    - Neuropsychological evaluations: ADHD, Learning Disabilities, and Concussion management
    - Multidisciplinary team consultations for complex symptom presentations
    - Pre-participation Mental Health and Academic Screenings
  - Outreach programming
    - 6/1/22-5/31/23: 780 hours of outreach
      - 54 hours of coach meetings, 83 hours of mental health programming to athletes, 95 hours of mental skills programming to athletes, 376 hours of team observation
      - Multidisciplinary education initiatives through HWOC, SAAC, Hawks4Hawks



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## Student Athlete Well-Being

- Partnership and Education Initiatives
  - Hawks 4 Hawks: 4-week module lead by two of our sport psychology and mental health clinicians with the goal of training athletes to learn how to support their teammates around topics of mental health.
  - National Eating Disorder Awareness Week (NEDA; Feb 26-March 1)
    - Creating Body Positive Team Culture
    - NEDA Information for Athletes
- Staff Education
  - Education on NCAA Mental Health Best Practices
  - Coach Education Ideas
    - Annual mental health training
    - Impact of trauma
    - Coaching Gen Z



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## Court/Field Storming



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## Court/Field Storming

- B1G Conference Policies
  - Protection of Visiting Team & Officials.
  - Penalty Structure
- UI Procedures
  - Event Management
  - Contracted Security
  - Law Enforcement
  - Medical
  - Athletics Marketing



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## Questions ?



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